

## Toolbox for students

### Tool 2: Worksheet for students to reflect on their learning

- What were my first learning activities?
- What were my next learning steps?
- When did I allow myself to have a break?
- How long did I learn by myself?
- How long did I learn together with another child?
- When did I learn in a group?
- Did I learn well in the group?
- Did I carry out my learning activities according to my plan?
- Could I concentrate on my work without being disturbed? Was I distracted at any time? Must my concentration improve?
- Did I ensure that I learnt well?
- Did I feel bored while I was learning?
- Did I learn happily?
- When did I enjoy learning?
- Did I feel sure while learning that I would be successful? (Learning with self-confidence)
- How did I take an interest in the subject-matter and come to enjoy learning?
- Which learning strategies and techniques did I apply?
- Did I learn well? What did I do well, what did I do badly?
- What was difficult for me? How did I overcome these difficulties?
- Should I work faster or more slowly?
- Is there anything I ought to change?
- How can I improve my life?
- This is what I will try to achieve in my next learning task: ...