

## Student handout 1.1

### What choices have made me the person I am today – and who made them?

How to use this chart: think about important choices that have made you become the person you are. Record decisions made by you in the top half of the chart, and those made by someone else in the bottom half. If you think one decision is particularly important, mark it.

**My choices**

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**Other people's choices**

**Birth** **Time line** **Present**