



# Starting the Advanced Directive Conversation



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# Advanced Directive versus Living Will

## Advanced Directive (AD)



- Appoints your Patient Advocate (PA)
- Gives the PA the right to participate in discussions about your care and ensures your wishes are followed
- *Required document by state of Michigan*
- *NOT a Do-Not-Resuscitate Order (DNR)!*

## Living Will



- Gives your *medical instruction* (goals of care/treatment preferences) to your Patient Advocate when added to your AD
- *The **GIFT** you give your Patient Advocate!*
- *Not a required legal document in Michigan*
- *Does not “stand alone” by state statute*

# Patient Advocate and Power of Attorney

## Durable Power of Attorney

- Written document in which you appoint a trusted person to *act on your behalf* continuing the relationship beyond your incapacity
- Includes decisions such as
  - Financial and legal affairs.
  - Dispose of property
  - Family law matters
  - Deal with debt
  - Securing specific retirement or social benefits

## Durable Power of Attorney for Healthcare/Patient Advocate

- The person YOU choose to share your medical decisions for you *when you are unable to speak for yourself (incapacity)* including life-sustaining treatment choices
- Acts in accordance with standards of care and consistent with the person's best interests such as
  - Hire/fire physicians
  - Arrange transfers between facilities
  - Skilled nursing care placement
  - Home care authorization
  - Admission to hospice services
- Patient Advocate
  - Cannot be paid to fulfill the role
  - (or Patient) may revoke the role at any time
  - Must accept the role and sign the Patient Advocate role acceptance form!
  - Role ends at patient's death

## Who should participate?

- Is important for *all* adults, 18+
- It is thinking and talking about future healthcare decisions
- Prepares your Patient Advocate(s) to speak for you if you cannot (e.g., car accident or serious illness)



## Your Patient Advocate\* Should be willing to



### Accept

Accept the  
role/job



### Talk

Talk with you  
now about  
your goals,  
values, and  
preferences  
for care



### Follow

Follow your  
choices,  
even if he or  
she does not  
agree with  
them



### Make

Make a  
decision,  
even if he or  
she feels  
stressed

*\*Advocate: a person who pleads on someone else's behalf.*

# Advanced Care Planning Conversations

## Examples

- How **not** to have the conversation

<https://youtu.be/Nsq0wSrdksM>

- **Young, healthy person** with

- No advocate(s) or advanced directive
- No advocate(s) but has an advanced directive

[https://youtu.be/LY6sk\\_2SzOI](https://youtu.be/LY6sk_2SzOI)

<https://youtu.be/WorcA6DIHgw>

- **Older adult** with

- No advocate(s) or advanced directive
- Advocate(s) but no advanced directive
- Advocate(s) and advanced directive

<https://youtu.be/ErYFOH-5F34>

<https://youtu.be/bMgzYGAWKC4>

<https://youtu.be/ePcpeACZbO8>



# Sharing is Caring

## Tips

- Keep your original Advance Directive where it can be easily found
- Give copies to your Patient Advocate(s) and healthcare team (can also email a PDF)
- Talk to your family and close friends; give them your Patient Advocate name(s) and share your thoughts on Goals of Care
- Take an Advanced Directive copy with you if you go to a hospital or extended care facility; ask them to place it in your medical record
- Consider storing your Advanced Directive electronically

# Advance Care Resources

## Discussions

<https://theconversationproject.org/wp-content/uploads/2020/12/ConversationStarterGuide.pdf>

## Planning

<https://michiganlegalhelp.org/resources/wills-and-life-planning/what-advance-directive>

<https://prepareforyourcare.org/en/welcome>

## Planning with Dementia

[Dementia-Directive.org](https://Dementia-Directive.org)

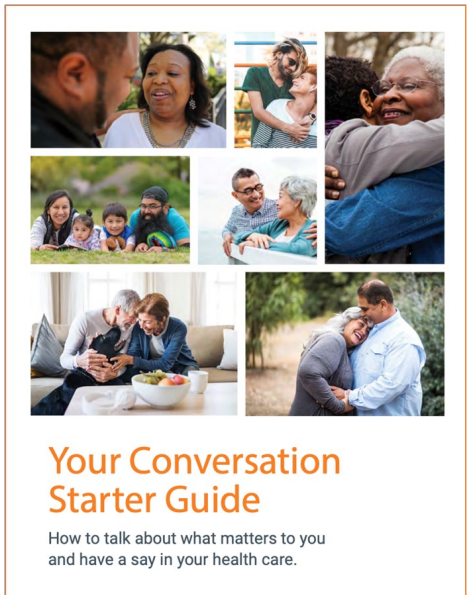
<https://empathhealth.org/wp-content/uploads/2021/11/Dementia-extension-FINAL-1.pdf>

## Advanced Directive Storage

<https://mydirectives.com>

## Billing Information

<https://www.cms.gov/outreach-and-education/medicare-learning-network-mln>







# Thank You

For more information, please visit

**MICCSI.ORG**