

EAT WELL MENU FOR KIDS

At Westin, we believe that eating well isn't just for grownups. These special kid-friendly meals are as delicious as they are nutritious, making the whole family happy.

BREAKFAST 6:00 AM - 11:00 AM

MINI BREAKFAST BURRITO 13	LOLLIPOP PANCAKE 13
Turkey Sausage + Scrambled Eggs + Cheddar Cheese + Flour Tortilla + Fruit	Mini pancake + Blueberry + Banana + Yogurt + Fruit
MINI BREAKFAST QUESADILLA 12	CEREAL & MILK 9
Scrambled Eggs, Cheese, Tortilla, Pico De Gallo	Choice: Raisin Bran, Cheerios, Corn Flakes, Granola, Rice Krispies.

LUNCH OR DINNER 11:00 AM - 11:00 PM

CHICKEN FINGERS 13	MINI TURKEY GRILLED CHEESE 14	CHEESSE FLATBREAD 15
Mini Chicken Fingers + Vegetable Sticks + Ranch Dressing	Turkey Breast + Cheddar Cheese + Mustard + Whole Grain Bread + Apple Slices + Popcorn	Marinara + Mozzarella Cheese + Parmesan Cheese
CHICKEN QUESADILLA 14	SPAGHETTI BOLOGNESE 15	CHICKEN NOODLE SOUP 10
Mini Corn Tortilla + Chicken Breast + Cheddar Cheese + Chips + Salsa	Groud Turkey + Tomato + Carrot + Garlic + Parmesan cheese	Chicken + Noodles + Vegetables + Crackers

DRINKS

JUICE 6
Orange, Cranberry or Apple
MILK 6
Whole, Low Fat or Non-Fat

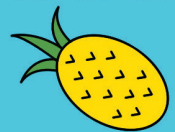
DESSERTS

BERRY PARFAIT 8
Low-Fat Greek Yogurt + Mixed Berries + Granola
FRUIT KEBOBS 7
Cut Seasonal Fruits + Low-Fat Greek Yogurt + Lemon Cookie



OUR SOURCING PROMISE
We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

FIND THE HEALTHY FOODS HIDDEN IN THE PICTURE, OR COLOR IN YOUR FAVORITE PLANTS AND ANIMALS.



PINEAPPLE



SUGAR SNAP PEAS



KIWI



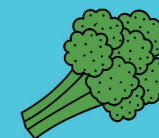
WHEAT



WATERMELON



ASPARAGUS



BROCCOLI



FISH