

Free apps to help you **STOP VAPING** your way!

#STOP VAPING

Challenge

STOP VAPING CHALLENGE APP



APPLE STORE



GOOGLE PLAY

Quash.

Powered by
LUNG HEALTH FOUNDATION



APPLE STORE



GOOGLE PLAY

You can be with friends, deal with stress and
HAVE FUN WITHOUT VAPING!

NotAnExperiment.ca

HOW IS VAPING AFFECTING YOU?

ANSWER THESE QUESTIONS TO FIND OUT!

- Do you ever try to stop vaping, but can't?
- Do you ever feel like you really need to vape?
- Is it hard to keep from vaping in places where you are not supposed to, like school?
- Do you find it hard to concentrate when you can't vape?
- Do you feel angry or sad when you can't vape?

If you answered **YES** to any of the questions, you might be experiencing **NICOTINE ADDICTION.**