# Our navigators and bilingual volunteers can:

- Answer questions about the aged care system -
- Register with My Aged Care the starting point for accessing all aged care services.
- Prepare you for what to expect when you contact My Aged Care and what will happen when you get referred for an aged care assessment
- Refer you to services who can provide additional support





#### **Services include:**

- Transport
- Health support
- Domestic assistance
- Equipment
- Personal care
- Meal preparation
- Social outings
- Shopping
- Respite
- Home maintenance
- · And more...

## To access this free, confidential service

Please Contact

Stephanie

on

0449 860 017

or

#### navigator@oldertenants.org.au

Our office is located at:

Level 1 Ross House, 251 Flinders Lane, Melbourne



Do you want to get Home help or personal care in your home? Not sure how to go about it?

## HAAG's Aged Care Navigators can help!



### The Aged Care Navigators Trial

HAAGs Aged care navigators are part of a national trial led by COTA Australia and funded by the Australian government.

Around the country we are testing different ways of helping people to find their way around the aged care system.

By learning which approaches work best, we hope to improve the way we provide information in the future



Learn more about the trial at www.agedcarenavigators.org.au





HOUSING FOR THE AGED ACTION GROUP INC.



# Aged Care System Navigator

A free service to help you understand aged care and get the support you need

0449 860 017 navigator@oldertenants.org.au