

ALLERGEN & NUTRITIONAL INFORMATION GUIDE FOR CUSTOMERS



Valid from 18th Feb 2025

Papa Johns is committed to strict hygiene procedures and all of our staff are fully trained in our high standards. However please note our stores are busy environments and while we try to minimise cross contamination between toppings, we cannot guarantee this at all times.

INTRODUCTION

Alongside the Allergen Manager, this Allergen and Nutritional document is to help you choose menu items from Papa John's if you have a food allergy or intolerance.



Including our dough and our pizza bases, our menu items are produced with approved ingredients only. However, as our stores handle many ingredients containing various allergens, we cannot prevent cross contact or guarantee that our products are allergen free.

Note: "None" written alongside 'Contains' or 'May Contain' refers to the ingredients themselves, not the finished product from our restaurant. All of our restaurants handle (and many of the pizzas contain) **milk** (cheese) and **wheat** (dough), we are unable to completely eliminate the risk of cross contact during the assembly of the pizzas, sides or desserts.

This document highlights the following allergens:

Allergens within our menu

Gluten containing grains (wheat, barley, oats, rye etc.)

Milk (in our mozzarella, premium cheese etc.)

Mustard, Soya (Soybean), Celery, Egg, Sulphites / SO₂, Nuts*, Peanuts*

Other Allergens considered (not in our menu)

Crustaceans, Lupin, Molluscs, Sesame

- Nuts, peanuts (and other allergens) may be present in Ben and Jerry's Ice Creams, Raspberry & White Chocolate Chouxnuts and Mini Doughnuts. Please read the pack declarations carefully.

* Our Individual Cookies and Large Cookie are manufactured in a factory handling nuts.

CONTENTS

PIZZA

Cheese & Tomato	Hawaiian
All The Meats™	Lincoln City Imps
American Hot	The Mexican
BBQ Meat Feast	Sausage & Pepperoni
BBQ Chicken Classic	The Works™
Chicken Club	Chicken Fajita
Double Pepperoni	Chicken, Mushroom & Sweetcorn
Garden Party	Chicken & Pepperoni
Chicken and Sweetcorn	Tuna & Onion
Cheese & Mushroom	Hot Pepper Passion
Chicken, Pepperoni & Ham	The Cypriot
Ham & Mushroom	

VEGAN PIZZA

Vegan Cheese & Tomato	Vegan Jackfruit 'Pepperoni'
Vegan Garden Party	Vegan The Works
La Vie™ Vegan Hawaiian	

PAPADIAS

BBQ Chicken & Bacon	Fajita Chicken
Italian Sausage & Pepperoni	

SIDES

Garlic Pizza Sticks	Plain Roasted Chicken Wings
Garlic Cheese Sticks	Hot Buffalo Chicken Wings
Bacon Cheese Sticks	BBQ Chicken Wings
Cheesy Potato Tots	Hot Piri Piri Chicken Poppers
Potato Tots with Cheese & Jalapenos	Plain Chicken Poppers
Bacon & Cheese Potato Tots	Chicken Combo
Garlic & Cheese Papa Bites	BBQ Chicken Wings & Potato Tots Combo
Cheesy Jalapeno Bites	Chicken Poppers & Potato Tots Combo
Halloumi Fries	

PERSONAL PIZZAS

Cheese & Tomato	Chicken & Sweetcorn
Pepperoni	Cheese & Mushroom
American Hot	

VEGAN PERSONAL PIZZA

Vegan Cheese & Tomato	Vegan Jackfruit 'Pepperoni'
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VEGAN SIDES

Cauliflower Wings	Not-Chicken Vegan Bites
Potato Tots	Potato Tots with Vegan Cheese & Jalapeno
Potato Tots with Vegan Cheese	Not-Chicken Vegan Bites & Potato Tots Combo
La Vie™ Vegan Ham & Sheese® Sticks	

DESSERTS

Giant Choc Chip Cookie	Cinnapie Sticks
Giant Double Chocolate Brownie	Cinnamon Scrolls
Ben & Jerry's™ 465ml & 100ml	Lemon Cheesecake
Chocolate Fudge Cake	Raspberry & White Chocolate Chouxnuts
Mini Filled Doughnuts	Milk Chocolate Cookies
Milk Chocolate Cookies (X2)	Milk Chocolate Cookies (X6)

CREATE YOUR OWN - INGREDIENTS

Create Your Own – Ingredients

BASE SAUCE & DIPS

Base & Dip

DRINKS

Tango Ice Blast	Soft drinks
F'real Milkshakes	

RECENTLY DELISTED

Recently Delisted

WHEAT-FREE STONEBAKED BASE

We want as many people to enjoy our pizzas as possible. While our wheat-free stone-baked base does not contain gluten, the pizza will be assembled in an environment that contains gluten. Although every effort is made to prevent it, cross contact may occur between allergens whilst preparing your order

Therefore, this product is not suitable for people with Coeliac disease, gluten intolerances or allergies. If you have any concerns, please review the allergen information provided in this document

Ingredients: Water, Tapioca Starch, Rice Flour, Maize Starch, Rapeseed Oil, Psyllium Husk Powder, Sugar, Buckwheat Flour, Salt, Yeast, Rice Flour, Xanthan Gum, Hydroxypropyl Methyl Cellulose, Pea Protein, Sorbic Acid (E200), Malic Acid (E296), Tartaric acid, Citric acid (E330).

MEAT PRODUCTS

Papa Johns Chicken Wings are cooked 'on the bone' and will contain bones when purchased.

Although great care is taken in the manufacture of our products, we cannot guarantee that all bones and bone fragments have been removed.

STONES AND PIPS

Although great care is taken in the preparation of our fruit and vegetable products, pips and stones may remain.

Note: Due to our store environment and how pizzas are assembled it is very likely that pizzas without cheese may still have traces of milk allergen present. Similarly, pizzas made with the Wheat Free base may still have traces of wheat. We make no claim that our products will be free from all allergens.

VEGAN MENU ITEMS

Our vegan menu items are produced using 100% plant based ingredients. We cannot, however, prevent contact or guarantee a finished product is free from animal based products, including meats, cheese (**milk**), **egg** or other allergens.

Papa Johns vegan products are classed as 'vegan friendly' and are produced using ingredients suitable for a plant based diet.

Please be aware that although assembled following strict procedures these pizzas are prepared in an environment where animal products, including cheese (**milk**) and meats are handled.

VEGAN SHEESE™

Our vegan Sheese® is produced using 100% plant based ingredients. We cannot, however, prevent contact or guarantee a finished product is free from animal based products, including meats, cheese (**milk**), **egg** or other allergens.

Please find the ingredient listing for our new improved vegan Sheese® below:

Ingredients: Water, Coconut Oil (26%), Potato Starch, Modified Potato Starch, Bamboo Fibre, Pea Fibre, Salt, Thickeners (Carrageenan, Calcium Chloride), Fructose, Natural Flavourings, Acidity Regulators (Lactic Acid, Sodium Lactate), Modified Maize Starch, Gelling Agent (Agar), Colour (Carotenes).

FARMED ANIMAL WELFARE

Papa John's (GB) Ltd only uses independently certificated, farm assured meats and poultry products for our core toppings and sides.

Our Mozzarella is produced using milk from 100% assured dairy herds.

For more information on our animal welfare commitments please visit our animal welfare reports and statements at: <https://www.papajohns.co.uk/animal-welfare>

CAGE FREE EGGS

Continuing our Better Ingredients Better Pizza journey, Papa John's UK only uses 100% cage-free eggs in our products.

INGREDIENT ALLERGENS

Allergens for pizza bases, toppings, sides and desserts may be found in the 'Create Your Own' section of this document

HALAL PRODUCTS

When we source our meat, our decisions are based on animal welfare standards, food safety and quality. We do not specify to any of our suppliers to supply us with halal certified meat, and therefore do not position our stores or meat as halal approved.

However, whilst we do not select based on halal certification, it is possible that our suppliers' products can be classed as halal and this is true only of our Chicken Topping & Chicken Poppers which are sourced directly from suppliers in Thailand, whose meat is certified as halal by The Central Islamic Council of Thailand. Animal welfare throughout the agricultural chain is strictly controlled by the Thai Government Department of Livestock Development.

NUTRITIONAL INFORMATION

Adults need around 2000 kcal a day. Product customisation may affect calorie content. This includes Create Your Own, Product Amendments and Half and Half Recipes.



CHEESE & TOMATO



SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust - XXL
Wheat Free Stone Baked *- Medium

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATED	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	g
302	1271	11.9	38.5	5.6	10.6	5.33	2.7	0.55	1.38	
281	1181	12.3	39.6	5.8	7.5	3.94	2.7	0.55	1.39	
324	1356	10.3	33.8	6.1	15.9	8.29	2.3	0.61	1.53	
273	1145	11.9	31.3	5.3	10.5	6.06	2.8	0.56	1.39	
281	1180	12.3	32.6	5.2	10.6	6.1	3	0.58	1.4	
263	1106	10.7	35.8	5.3	8	4.6	2.6	0.58	1.4	
270	1135	10.6	35.6	5.5	8.9	5.19	2.5	0.6	1.49	
289	1211	13.6	30.7	7.41	11.9	7.41	2.2	0.48	1.21	
253	1065	12.3	34.9	4.9	6.6	4.05	2.3	0.66	1.65	
300	1259	14.3	31.1	4	12.7	6.8	2.2	0.68	1.69	
266	1115	12.3	28.8	4.8	10.5	6.51	3.5	0.66	1.65	
276	1157	9	31.5	3.5	11.8	6.43	4	0.53	1.33	

VALUES PER SLICE					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
1510	190	500	63	1	8
1911	191	680	68	1	10
3016	253	931	78	1	12
1211	202	447	74.5	1	6
1610	201	573	71.6	1	8
2235	224	850	85	1	10
3137	261	1162	96.8	1	12
2087	261	722	90	1	8
243	243	960	96	1	10
3000	300	1000	100	1	10
3418	285	1285	107	1	12
1305	163	473	59	1	8

TOPPINGS:

Pizza Sauce, Cheese

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE*

Milk

INGREDIENT MAY CONTAIN:

None

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ALL THE MEATS™



TOPPINGS:

Pizza Sauce, Cheese, Ham, Pork Sausage, Spicy Beef Pepperoni, Bacon

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	285	1196	14.5	31.7	3.8	10.8	4.5	1.7	0.7	1.74	1616	202	567	71	1	8
Authentic Thin Crust - Large	284	1196	14.4	32.2	3.9	10.6	4.5	1.7	0.69	1.72	2266	227	798	80	1	10
Authentic Thin Crust - XXL	282	1187	14.3	31.8	3.8	10.5	4.4	1.7	0.69	1.73	3147	262	1116	93	1	12
Original Base - Small	292	1227	14.3	35.1	4.1	10.1	4.3	1.8	0.67	1.66	1457	243	499	83	1	6
Original Base - Medium	293	1234	14.5	34.6	4	10.4	4.5	1.8	0.68	1.69	2130	266	727	91	1	8
Original Base - Large	292	1228	14.3	35.3	4.1	10	4.2	1.8	0.66	1.66	2862	286	980	98	1	10
Original Base - XXL	291	1223	14.1	35.7	4.1	9.8	4	1.8	0.66	1.65	4054	338	1393	116	1	12
Stuffed Crust - Medium	295	1238	15.2	31	3.6	11.9	5.5	1.6	0.67	1.68	2446	306	829	104	1	8
Stuffed Crust - Large	294	1234	14.9	32.1	3.7	11.5	5.2	1.7	0.66	1.65	3234	323	1100	110	1	10
Stuffed Crust Pepperoni – Large	316	1322	16.1	30.3	4.1	13.9	7	2.3	0.8	2.01	3539	354	1120	112	1	10
Stuffed Crust – XXL	293	1230	14.6	32.9	3.8	11.1	4.9	1.7	0.66	1.64	4498	375	1535	128	1	12

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AMERICAN HOT

TOPPINGS:

Pizza Sauce, Cheese, Pepperoni, Jalapeño Peppers

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE*

Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
Authentic Thin Crust - Medium	280	1176	8.9	34.1	4.8	11.3	5.6	3.3	0.75	1.89
Authentic Thin Crust - Large	293	1230	9.5	36.7	4.7	1.4	5.54	2.8	0.76	1.92
Authentic Thin Crust - XXL	259	1087	8.4	32.2	4.8	10.2	5.15	2.4	0.69	1.74
Original Base - Small	280	1173	11.9	31.6	4.8	11.2	6.1	2.4	0.64	1.6
Original Base - Medium	270	1135	14.1	29.1	4.9	10.3	5.26	2.4	0.69	1.74
Original Base - Large	266	1118	14.2	27.9	4.8	10.3	5.26	2.6	0.67	1.68
Original Base - XXL	255	1071	15.7	27.1	5.1	8.7	4.32	2.7	0.65	1.63
Stuffed Crust - Medium	276	1157	11.3	30.3	4.5	11.6	6.36	2.6	0.73	1.82
Stuffed Crust - Large	269	1127	14.4	27.4	4.5	10.7	5.86	2.5	0.69	1.72
Stuffed Crust Pepperoni - Large	304	1272	13.8	30.5	4.2	13.5	6.7	2.5	0.9	2.26
Stuffed Crust - XXL	265	1114	11.1	33.2	4.9	9.3	4.9	2.1	0.63	1.58
Wheat Free Stone Baked *- Medium	286	1197	10	28.7	3.4	13.5	6.38	5	0.712	1.78

VALUES PER SLICE					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
1506	188	538	67	1	8
2253	226	769	77	1	10
2647	220	1022	85	1	12
1280	213	457	76	1	6
1763	220	653	82	1	8
2421	242	910	91	1	10
3185	265	1249	104	1	12
2076	260	752	94	1	8
2744	274	1020	102	1	10
3221	322	1060	106	1	10
3633	303	1371	114	1	12
1450	181	507	63	1	8

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BBQ MEAT FEAST

TOPPINGS:

BBQ Base Sauce, Cheese, Ham, Pork Sausage, Spicy Beef, Pepperoni, Bacon

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Mustard, Milk, Barley

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	303	1274	14.5	37.7	9	10.2	4.4	1.6	0.7	1.75	1670	209	551	69	1	8
Authentic Thin Crust - Large	301	1266	14.4	37.5	9.3	10.1	4.5	1.6	0.71	1.76	2426	243	806	81	1	10
Authentic Thin Crust - XXL	304	1277	14.6	37.6	8.8	10.3	4.5	1.6	0.71	1.78	3311	276	1089	91	1	12
Original Base - Small	311	1306	14.6	39.8	7.5	10	4.3	1.7	0.68	1.69	1483	247	477	80	1	6
Original Base - Medium	308	1295	14.5	39.3	8	10	4.4	1.7	0.68	1.69	2190	274	711	89	1	8
Original Base - Large	306	1285	14.3	39.7	8.5	9.7	4.3	1.7	0.68	1.7	3023	302	988	99	1	10
Original Base - XXL	308	1295	14.3	40.4	8.1	9.6	4.1	1.7	0.68	1.69	4207	351	1366	114	1	12
Stuffed Crust - Medium	308	1292	15.2	35.1	7.1	11.6	5.5	1.6	0.67	1.68	2504	313	813	102	1	8
Stuffed Crust - Large	306	1285	14.8	36	7.6	11.2	5.2	1.6	0.67	1.68	3390	339	1108	111	1	10
Stuffed Crust Pepperoni - Large	328	1372	16.1	34.2	8	13.6	7	2.1	0.82	2.04	3700	370	1128	113	1	10
Stuffed Crust - XXL	308	1296	14.8	37.1	7.4	10.9	4.9	1.6	0.67	1.68	4645	387	1508	126	1	12

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Product customisation may affect calorie content.



BBQ CHICKEN CLASSIC

TOPPINGS:

Pizza Sauce, Cheese, Chicken, Bacon, Onions, BBQ Sauce

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Soya, Mustard, Milk, Barley

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	246	1038	12.9	33.6	6.6	6.3	2.6	2.1	0.58	1.46	1365	171	555	69	1	8
Authentic Thin Crust - Large	250	1054	13.2	33.6	6.3	6.6	2.9	2.1	0.59	1.48	1968	197	787	79	1	10
Authentic Thin Crust - XXL	247	1039	13	33.3	6.1	6.4	2.7	2.1	0.58	1.45	2673	223	1082	90	1	12
Original Base - Small	260	1097	13.3	35.9	6.2	6.6	2.8	2	0.58	1.46	1295	216	498	83	1	6
Original Base - Medium	264	1110	13.3	36	6.2	6.9	3.1	2.1	0.59	1.47	1882	235	713	89	1	8
Original Base - Large	264	1111	13.3	36.3	6.1	6.8	3	2.1	0.59	1.47	2545	254	964	96	1	10
Original Base - XXL	262	1104	13.1	36.8	6	6.5	2.7	2.1	0.57	1.43	3542	295	1352	113	1	12
Stuffed Crust - Medium	269	1130	14.1	32.2	5.5	8.9	4.3	1.9	0.59	1.49	2192	274	815	102	1	8
Stuffed Crust - Large	269	1130	14	32.9	5.5	8.7	4.1	1.9	0.59	1.48	2916	292	1084	108	1	10
Stuffed Crust Pepperoni - Large	291	1221	15.3	31.1	5.8	11.2	5.9	2.5	0.74	1.85	3213	321	1104	110	1	10
Stuffed Crust - XXL	268	1128	13.6	34.5	5.4	8	3.6	2	0.57	1.43	4047	337	1510	126	1	12

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CHICKEN CLUB



TOPPINGS:

Pizza Sauce, Cheese, Chicken, Bacon, Onions, Tomatoes

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	232	978	12.4	30.8	4.2	6.2	2.5	1.9	0.56	1.39	1334	167	575	72	1	8
Authentic Thin Crust - Large	236	994	12.8	30.8	4.8	6.4	2.8	2.1	0.55	1.38	1926	193	816	82	1	10
Authentic Thin Crust - XXL	231	974	12.5	30.6	4.8	6.1	2.6	2.2	0.54	1.35	2622	218	1135	95	1	12
Original Base - Small	244	1027	12.8	32.9	4.8	6.3	2.7	2.1	0.54	1.36	1274	212	522	87	1	6
Original Base - Medium	251	1058	13	33.6	4.8	6.8	3	2.1	0.56	1.39	1840	230	733	92	1	8
Original Base - Large	249	1048	12.6	35	4.9	6.1	2.4	2.1	0.54	1.35	2383	238	957	96	1	10
Original Base - XXL	249	1049	12.6	34.5	4.9	6.3	2.6	2.1	0.54	1.35	3498	292	1405	117	1	12
Stuffed Crust - Medium	257	1080	14.4	29.5	4.2	8.7	4.2	1.9	0.58	1.46	2202	275	857	107	1	8
Stuffed Crust - Large	258	1084	13.7	30.9	4.4	8.5	4	2	0.56	1.41	2872	287	1113	111	1	10
Stuffed Crust Pepperoni - Large	278	1164	14.3	28.9	4.7	11.1	5.7	2.5	0.69	1.73	3189	319	1147	115	1	10
Stuffed Crust - XXL	254	1071	13.2	31.9	4.5	7.8	3.5	2	0.55	1.37	3917	326	1542	129	1	12

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DOUBLE PEPPERONI

TOPPINGS:

Pizza Sauce, Extra Cheese, Double Pepperoni

INGREIANT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE

Gluten, Wheat, Milk:

INGREDIENT MAY CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE*

Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST

Authentic Thin Crust - Medium	303	1269	13.4	29.9	4.4	13.9	6.86	2.3	0.73	1.84
Authentic Thin Crust - Large	303	1268	16.9	27.5	5.1	13	6.4	4	0.73	1.84
Authentic Thin Crust - XXL	300	1258	16.6	28.5	5.3	12.8	6.18	2.2	0.74	1.87
Original Base - Small	305	1277	11.1	34.1	4.5	13.3	7.12	2.1	0.63	1.57
Original Base - Medium	299	1255	11.9	33.2	5.1	12.7	6.33	2.3	0.62	1.55
Original Base - Large	300	1258	12.7	32.9	4.9	12.6	6.16	2.1	0.7	1.76
Original Base - XXL	279	1172	10.8	32.5	5.3	11.2	5.6	2.7	0.61	1.54
Stuffed Crust - Medium	290	1217	14.1	27.7	4.2	13.2	7.3	2.2	0.71	1.78
Stuffed Crust - Large	280	1175	13.2	28.9	4.4	11.9	6.43	2.4	0.69	1.73
Stuffed Crust Pepperoni - Large	328	1371	15.1	29.4	4	16.1	8	2.2	0.83	2.08
Stuffed Crust - XXL	291	1216	12.5	28	4.2	13.7	7.54	2.6	0.7	1.74
Wheat Free Stone Baked *- Medium	291	1216	10.1	25.8	3.2	15.3	7.51	4.9	0.666	1.67

VALUES PER 100G

ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATED	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
303	1269	13.4	29.9	4.4	13.9	6.86	2.3	0.73	1.84
303	1268	16.9	27.5	5.1	13	6.4	4	0.73	1.84
300	1258	16.6	28.5	5.3	12.8	6.18	2.2	0.74	1.87
305	1277	11.1	34.1	4.5	13.3	7.12	2.1	0.63	1.57
299	1255	11.9	33.2	5.1	12.7	6.33	2.3	0.62	1.55
300	1258	12.7	32.9	4.9	12.6	6.16	2.1	0.7	1.76
279	1172	10.8	32.5	5.3	11.2	5.6	2.7	0.61	1.54
290	1217	14.1	27.7	4.2	13.2	7.3	2.2	0.71	1.78
280	1175	13.2	28.9	4.4	11.9	6.43	2.4	0.69	1.73
328	1371	15.1	29.4	4	16.1	8	2.2	0.83	2.08
291	1216	12.5	28	4.2	13.7	7.54	2.6	0.7	1.74
291	1216	10.1	25.8	3.2	15.3	7.51	4.9	0.666	1.67

VALUES PER SLICE

ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
1679	209	554	69	1	8
2339	233	772	77	1	10
3030	252	1010	84	1	12
1537	256	504	84	1	6
2243	280	750	94	1	8
2850	285	950	95	1	10
3555	296	1274	127	1	12
2332	292	804	101	1	8
2971	297	1061	106	1	10
3608	361	1100	110	1	10
4065	339	1397	116	1	12
1580	198	543	68	1	8

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GARDEN PARTY



TOPPINGS:

Pizza Sauce, Cheese, Tomatoes, Onions, Green Peppers, Sweetcorn, Chestnut Mushrooms

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE*

Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST

Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust - XXL
Wheat Free Stone Baked *- Medium

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
220	925	9.9	29.9	5.3	6.3	3.78	1.9	0.42	1.07
214	899	8.3	30.6	5.2	5.9	3.38	2.4	0.42	1.07
202	848	8.4	27.3	5.8	6	3.71	2.4	0.42	1.07
230	967	7.9	33.3	5.6	6.6	3.7	2.8	0.46	1.16
223	940	8.4	32.2	4.2	6.2	2.97	2.6	0.44	1.09
222	933	9.7	29	5.4	6.8	4.05	2.9	0.48	1.21
217	912	8.2	30.7	3.9	6.2	3.29	2.7	0.43	1.08
231	971	9.1	28.1	3.7	8.6	4.91	2.5	0.5	1.25
232	975	9.4	28.4	3.7	8.5	4.95	2.3	0.5	1.25
270	1132	12.4	29.5	4.5	10.8	5.5	2.6	0.62	1.56
221	927	10.4	27	3.5	7.3	4.31	2.6	0.44	1.09
221	928	6.5	27.8	3.6	8.5	4.46	3.8	0.378	0.95

VALUES PER SLICE					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
1298	163	590	74	1	8
1817	182	849	85	1	10
2293	192	1135	95	1	12
1021	170	444	74	1	6
1570	196	704	88	1	8
2198	220	990	99	1	10
2958	247	1363	114	1	12
1855	231	803	100	1	8
2552	255	1100	110	1	10
3078	308	1140	114	1	10
3282	274	1485	124	1	12
1306	163	591	74	1	8

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HAWAIIAN

TOPPINGS:
 Pizza Sauce, Cheese, Ham,
 Pineapple

**INGREDIENT ALLERGENS
 WITH ORIGINAL OR
 AUTHENTIC THIN CRUST
 BASE:**
 Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:
 None

**INGREDIENT ALLERGENS
 WITH MEDIUM WHEAT FREE
 BASE**
 Milk
INGREDIENT MAY CONTAIN:
 None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATED	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	251	1058	11.9	35.5	6.4	6.4	2.7	2.1	0.55	1.38	1323	165	527	66	1	8
Authentic Thin Crust - Large	254	1071	12.1	35.4	6.2	6.7	2.9	2.1	0.56	1.39	1908	191	751	75	1	10
Authentic Thin Crust - XXL	252	1061	11.8	35.6	6.2	6.5	2.8	2.1	0.54	1.36	2596	216	1030	86	1	12
Original Base - Small	265	1119	12.2	38.1	6.2	6.7	2.9	2.1	0.55	1.37	1264	211	477	80	1	6
Original Base - Medium	268	1130	12.5	37.6	6	7.1	3.1	2.1	0.56	1.4	1841	230	687	86	1	8
Original Base - Large	268	1129	12.4	38	6	6.9	3	2.1	0.56	1.39	2500	250	933	93	1	10
Original Base - XXL	267	1126	12.1	38.9	6	6.6	2.8	2.1	0.54	1.36	3490	291	1307	109	1	12
Stuffed Crust - Medium	273	1148	13.5	33.5	5.3	9.1	4.4	1.9	0.57	1.43	2154	269	789	99	1	8
Stuffed Crust - Large	272	1147	13.2	34.3	5.3	8.8	4.1	1.9	0.57	1.41	2864	286	1053	105	1	10
Stuffed Crust Pepperoni - Large	296	1240	15.6	32.5	5.7	11.4	6	2.5	0.72	1.79	3176	318	1073	107	1	10
Stuffed Crust - XXL	270	1140	12.8	35.7	5.5	8.1	3.7	1.9	0.55	1.38	3899	325	1444	120	1	12
Wheat Free Stone Baked *- Medium	207	868	8.9	23.1	4.3	9.5	4.5	2.8	0.54	1.36	1081	135	522	65	1	8

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LINCOLN CITY IMPS

TOPPINGS:

Pizza Sauce, Cheese, Italian Sausage, Spicy Beef, Chestnut Mushrooms, Pepperoni

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	271	1136	12.6	24.7	2.5	13.2	5.5	1.5	0.56	1.41	1756	220	648	81	1	8
Authentic Thin Crust - Large	269	1125	12.1	26.6	2.7	12.3	4.8	1.6	0.55	1.38	2440	245	907	91	1	10
Authentic Thin Crust - XXL	270	1131	12.3	26.2	2.7	12.5	5.1	1.5	0.55	1.39	3178	265	1177	98	1	12
Original Base - Small	273	1145	12.2	28.3	2.8	12	4.7	1.6	0.55	1.36	1466	240	537	88	1	6
Original Base - Medium	274	1148	12.2	28.5	2.8	12	4.7	1.7	0.55	1.37	2085	260	761	95	1	8
Original Base - Large	271	1135	11.8	29.2	2.9	11.4	4.3	1.7	0.54	1.35	2764	276	1020	102	1	10
Original Base - XXL	273	1144	11.9	30.1	2.9	11.2	4.3	1.7	0.54	1.34	3844	319	1408	117	1	12
Stuffed Crust - Medium	281	1175	13.7	25.5	2.5	13.5	6	1.4	0.57	1.42	2459	306	875	109	1	8
Stuffed Crust - Large	277	1160	13.1	26.6	2.6	12.8	5.5	1.5	0.56	1.4	3180	319	1148	115	1	10
Stuffed Crust Pepperoni - Large	300	1255	14.9	27.4	3.5	14	7	2.4	0.69	1.73	3495	348	1165	116	1	10
Stuffed Crust - XXL	278	1164	12.9	27.9	2.7	12.3	5.2	1.6	0.55	1.38	4309	359	1550	129	1	12

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THE MEXICAN

TOPPINGS:

Pizza Sauce, Cheese, Spicy Beef, Green Peppers, Onion, Jalapeño Peppers, Red Chillies

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	250	1053	10.4	34	5.1	7.4	3.52	3.1	0.63	1.58	1458	183	583	73	1	8
Authentic Thin Crust - Large	249	1047	9.7	33.3	5.4	8	4.04	2.5	0.58	1.45	2042	204	820	82	1	10
Authentic Thin Crust - XXL	242	1018	8.1	36	5.2	6.6	3.52	3	0.56	1.42	2626	218	1085	90	1	12
Original Base - Small	251	1055	10.6	31.4	4.9	8.6	4.69	2.8	0.55	1.38	1217	203	485	81	1	6
Original Base - Medium	251	1055	10.7	32	4.8	8.4	4.09	2.3	0.57	1.41	1749	218	697	87	1	8
Original Base - Large	235	986	9	29.3	4.5	8.5	4.44	2.5	0.58	1.45	2258	226	961	96	1	10
Original Base - XXL	240	1008	11.3	28.6	3.4	8.4	4.31	2.3	0.57	1.41	3151	262	1313	109	1	12
Stuffed Crust - Medium	256	1076	11.4	28.2	3.8	10.4	5.63	2.2	0.61	1.52	2038	256	796	100	1	8
Stuffed Crust - Large	246	1032	17.4	21.6	4.3	9.5	5.02	2.2	0.63	1.57	2635	263	1071	107	1	10
Stuffed Crust Pepperoni - Large	291	1221	13.9	30.3	4.3	12.1	6.1	2.7	0.77	1.93	3233	323	1111	111	1	10
Stuffed Crust - XXL	242	1013	10.3	26.5	3.9	9.9	5.28	2.6	0.61	1.52	3473	290	1435	120	1	12

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SAUSAGE & PEPPERONI

TOPPINGS:

Pizza Sauce, Cheese, Pork Sausage, Pepperoni, Premium Cheese Blend, Italian Style Seasoning

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	305	1274	14.5	27.3	5	14.3	6.85	4.3	0.691	1.73	1827	229	599	75	1	8
Authentic Thin Crust - Large	304	1272	12.9	28.7	5.1	14.3	6.84	4.4	0.741	1.85	2648	264	871	87	1	10
Authentic Thin Crust - XXL	301	1259	16.9	21.1	5.4	15.5	7.49	4.9	0.695	1.74	3519	292	1169	97	1	12
Original Base - Small	280	1174	15.1	25.3	5	12.3	6.12	4	0.646	1.62	1428	238	510	85	1	6
Original Base - Medium	284	1190	14.4	26.3	5.1	12.5	6.27	4.5	0.655	1.64	2025	253	713	89	1	8
Original Base - Large	286	1196	13.5	26.4	5.2	12.6	6.3	5.1	0.649	1.62	2894	289	1012	101	1	10
Original Base - XXL	283	1186	14.9	25.2	4.7	12.6	6.19	4.8	0.638	1.6	3951	328	1396	116	1	12
Stuffed Crust - Medium	302	1266	15.4	30.3	3.5	12.8	6.3	1.8	0.67	1.68	2452	308	812	102	1	8
Stuffed Crust - Large	300	1258	15.3	30.1	3.6	12.8	6.1	1.9	0.68	1.69	3366	336	1122	112	1	10
Stuffed Crust Pepperoni - Large	321	1344	15.7	28.1	3.9	15.7	7.9	2.2	0.79	1.98	3730	372	1162	116	1	10
Stuffed Crust - XXL	300	1260	15.1	31.7	3.7	12.2	5.8	1.9	0.66	1.66	4551	378	1517	126	1	12

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THE WORKS™

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	250	1051	11.8	28.8	4.3	9.2	3.7	2.7	0.6	1.5	1553	194	621	78	1	8
Authentic Thin Crust - Large	257	1079	12.4	28.8	4.3	9.8	4.2	2.6	0.61	1.54	2303	230	896	90	1	10
Authentic Thin Crust - XXL	248	1042	11.6	29	4.3	9	3.6	2.7	0.59	1.47	3023	252	1219	102	1	12
Original Base - Small	263	1104	12	32.2	4	9.1	3.6	2.4	0.6	1.51	1436	239	546	91	1	6
Original Base - Medium	266	1119	12.3	32.2	4	9.3	3.8	2.4	0.61	1.53	2077	260	781	98	1	8
Original Base - Large	266	1119	12.2	33.1	4.5	9	3.7	2.5	0.59	1.48	2772	277	1042	104	1	10
Original Base - XXL	262	1102	11.9	33.1	4.5	8.6	3.4	2.6	0.58	1.45	3920	327	1496	125	1	12
Stuffed Crust - Medium	270	1133	13.2	29	4	10.8	4.9	2.3	0.6	1.51	2384	298	883	110	1	8
Stuffed Crust - Large	271	1137	13	30.3	4.1	10.4	4.6	2.3	0.6	1.49	3149	315	1162	116	1	10
Stuffed Crust Pepperoni - Large	292	1222	14.2	28.6	4.5	12.8	6.3	2.9	0.73	1.84	3451	345	1182	118	1	10
Stuffed Crust - XXL	266	1119	12.5	30.8	4.1	9.9	4.2	2.4	0.58	1.46	4344	362	1633	136	1	12

TOPPINGS:

Pizza Sauce, Cheese, Italian Sausage, Ham, Pepperoni, Chestnut Mushrooms, Green Peppers, Onions, Black Olives

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN:

None

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CHICKEN FAJITA

TOPPINGS:

Pizza Sauce, Cheese, Chicken, Green Peppers, Tomatoes, Red Chillies, Spicy Seasoning

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Soya, Mustard, Sulphites/Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	235	991	3	32.1	5.7	6.1	2.84	3	0.526	1.32	1351	169	575	72	1	8
Authentic Thin Crust - Large	257	1080	14.3	32.2	6.6	6.8	3.33	4.7	0.578	1.44	2118	211	824	82	1	10
Authentic Thin Crust - XXL	252	1058	12	32.3	5.4	7.9	4.28	1.6	0.561	1.4	2762	229	1096	91	1	12
Original Base - Small	228	959	11	30.9	3.8	6.1	2.91	2.6	0.483	1.21	1149	192	504	84	1	6
Original Base - Medium	230	969	10.5	31.7	4.2	6.2	2.82	2.8	0.495	1.24	1672	209	727	91	1	8
Original Base - Large	223	939	10.5	30.3	3.3	6.1	2.99	2.4	0.495	1.24	2232	223	1001	100	1	10
Original Base - XXL	261	1100	13.4	35	7	6.7	3.16	3.6	0.57	1.42	3552	295	1361	113	1	12
Stuffed Crust - Medium	248	1039	11.6	28.6	3.1	9.1	4.29	2.4	0.561	1.4	2068	258	834	104	1	8
Stuffed Crust - Large	248	1040	13.2	26.8	4.1	9.2	4.7	2.4	0.559	1.4	2780	278	1121	112	1	10
Stuffed Crust Pepperoni - Large	274	1150	13.8	29.1	4.4	10.9	5.5	2.7	0.67	1.67	3209	321	1171	117	1	10
Stuffed Crust - XXL	243	1021	11.1	31.7	4.1	7.4	3.5	2.4	1.36	1.36	3426	287	1410	118	1	12

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CHICKEN & SWEETCORN



TOPPINGS:

Pizza Sauce, Cheese,
Chicken & Sweetcorn

**INGREDIENT ALLERGENS
WITH ORIGINAL OR
AUTHENTIC THIN CRUST
BASE:**

Gluten, Wheat, Soya,
Mustard, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	242	1018	13.7	27.7	5.8	7.5	4.08	4.6	0.609	1.52	1290	161	533	67	1	8
Authentic Thin Crust - Large	240	1011	14	31.9	3.7	5.9	2.6	1.6	0.5	1.25	1867	187	778	78	1	10
Authentic Thin Crust - XXL	243	1023	13.6	27.5	5.4	8	3.66	3.5	0.584	1.46	2588	216	1065	89	1	12
Original Base - Small	237	995	10.4	31.9	5.5	6.8	3.83	3.1	0.535	1.34	1121	187	473	79	1	6
Original Base - Medium	238	1002	15.1	29.2	6.9	5.6	2.75	5.2	0.554	1.39	1645	206	691	86	1	8
Original Base - Large	241	1014	11.2	32	6.9	6.7	3.54	3.9	0.586	1.47	2302	230	955	96	1	10
Original Base - XXL	251	1057	11.5	31.1	5.4	7.9	3.98	2.9	0.619	1.54	3351	279	1335	111	1	12
Stuffed Crust - Medium	270	1138	14.8	32.3	4.3	8.8	4.3	1.9	0.57	1.42	2141	268	793	99	1	8
Stuffed Crust - Large	268	1131	14.8	32.7	4.4	8.3	3.9	1.9	0.57	1.42	2876	288	1073	107	1	10
Stuffed Crust - XXL	267	1127	14.2	34.1	4.6	7.8	3.5	2	0.55	1.38	3925	327	1470	123	1	12

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CHICKEN, MUSHROOM & SWEETCORN



TOPPINGS:

Pizza Sauce, Cheese, Chicken, Mushroom & Sweetcorn

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	229	961	10.8	30.3	5.9	6.3	3.22	3.7	0.538	1.35	1282	160	560	70	1	8
Authentic Thin Crust - Large	238	1004	12.7	31.9	4.8	6.2	2.6	2.3	0.51	1.27	1911	191	803	80	1	10
Authentic Thin Crust - XXL	228	958	10.9	27.9	5.5	7.3	3.66	3.5	0.485	1.21	2462	205	1080	90	1	12
Original Base - Small	228	959	10.6	31.4	4.8	6.1	3.32	2.4	0.511	1.28	1170	195	513	86	1	6
Original Base - Medium	230	967	9.3	32.5	5.8	5.9	3.11	4.8	0.507	1.27	1651	206	718	90	1	8
Original Base - Large	232	979	10.5	33.7	7	5.4	2.91	3.5	0.531	1.33	2274	227	980	98	1	10
Original Base - XXL	221	928	10.7	27.4	5.3	6.9	4.11	3.1	0.499	1.25	2984	249	1350	113	1	12
Stuffed Crust - Medium	261	1100	13.8	31.5	4.2	8.5	4.1	2.1	0.53	1.33	2140	268	820	103	1	8
Stuffed Crust - Large	260	1096	13.6	32.3	4.4	8.1	3.8	2.1	0.52	1.31	2855	285	1098	110	1	10
Stuffed Crust - XXL	263	1108	13.4	34	4.6	7.7	3.5	2.1	0.53	1.32	3906	325	1485	124	1	12

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CHEESE & MUSHROOM



Vegetarian

TOPPINGS:

Pizza Sauce, Cheese & Mushroom

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Milk
INGREDIENT MAY CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE

Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	249	1049	9.4	34.4	6	7.5	4.19	3.3	0.568	1.42	1195	149	480	60	1	8
Authentic Thin Crust - Large	244	1029	10.9	34.3	4.7	6.5	2.9	2.4	0.48	1.2	1732	173	710	71	1	10
Authentic Thin Crust - XXL	232	976	9.8	30.6	6.2	7.1	3.32	3.3	0.481	1.2	2234	186	963	80	1	12
Original Base - Small	248	1042	9	34.7	5.9	7.4	4.28	3.2	0.52	1.3	1099	183	443	74	1	6
Original Base - Medium	265	1117	11.8	37.5	4.9	7.1	3.2	2.3	0.51	1.28	1691	211	638	80	1	8
Original Base - Large	260	1095	11.5	37.1	4.8	6.8	3	2.3	0.5	1.24	2306	231	887	89	1	10
Original Base - XXL	261	1103	11.3	38.2	5	6.5	2.7	2.3	0.5	1.24	3218	268	1233	103	1	12
Stuffed Crust - Medium	270	1138	12.9	33.1	4.2	9.2	4.5	2	0.53	1.32	1998	250	740	93	1	8
Stuffed Crust - Large	266	1118	12.5	33.4	4.3	8.7	4.1	2.1	0.51	1.28	2673	267	1005	101	1	10
Stuffed Crust - XXL	266	1122	12.1	35	4.5	8.2	3.7	2.1	0.51	1.27	3639	303	1368	114	1	12
Wheat Free Stone Baked *- Medium	216	904	7.1	29	3.1	8.1	3.5	3.6	0.38	0.94	987	123	457	57	1	8

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Product customisation may affect calorie content.



CHICKEN & PEPPERONI

TOPPINGS:

Pizza Sauce, Cheese, Chicken & Pepperoni

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	263	1106	12	31.5	5.7	9.2	4.7	3.2	0.649	1.62	1344	168	511	64	1	8
Authentic Thin Crust - Large	284	1194	14.1	36.6	4.7	8.5	3.8	2	0.61	1.53	2116	212	745	75	1	10
Authentic Thin Crust - XXL	269	1127	14	25.5	5.3	11.5	5.18	3.8	0.599	1.5	2768	231	1029	86	1	12
Original Base - Small	261	1098	13.9	30.3	5.2	8.6	4.55	3.5	0.616	1.54	1227	204	470	78	1	6
Original Base - Medium	268	1124	12	32	6.4	9.4	4.82	3.5	0.696	1.74	1793	224	669	84	1	8
Original Base - Large	257	1081	10.6	32.5	6.5	8.6	4.21	3.7	0.647	1.62	2370	237	922	92	1	10
Original Base - XXL	257	1078	11	31.7	5.7	8.8	4.6	3.3	0.613	1.53	3338	278	1299	108	1	12
Stuffed Crust - Medium	286	1201	14.9	32.5	4.2	10.3	5	1.8	0.62	1.54	2205	276	771	96	1	8
Stuffed Crust - Large	286	1204	14.7	33.1	4.2	10.2	4.8	1.8	0.62	1.55	2974	297	1040	104	1	10
Stuffed Crust - XXL	283	1193	14.3	34.4	4.4	9.5	4.3	1.9	0.6	1.51	4058	338	1434	120	1	12

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CHICKEN , PEPPERONI & HAM

TOPPINGS:

Pizza Sauce, Cheese,
Chicken, Pepperoni & Ham

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat,
Soya, Mustard, Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	265	1116	15.2	31.6	4.5	8.3	3.5	1.9	0.68	1.7	1458	182	550	69	1	8
Authentic Thin Crust - Large	270	1134	15.3	31.1	4.4	8.9	3.8	1.9	0.69	1.73	2076	208	769	77	1	10
Authentic Thin Crust - XXL	265	1114	15	31.6	4.5	8.3	3.5	1.9	0.67	1.68	2883	240	1088	91	1	12
Original Base - Small	277	1166	15.1	34.6	4.6	8.3	3.5	1.9	0.66	1.65	1371	229	495	83	1	6
Original Base - Medium	279	1173	15.1	34.6	4.6	8.5	3.7	1.9	0.66	1.66	1981	248	710	89	1	8
Original Base - Large	280	1178	15	34.6	4.5	8.7	3.7	1.9	0.67	1.67	2738	274	978	98	1	10
Original Base - XXL	277	1166	14.6	35.6	4.7	8	3.4	2	0.64	1.61	3781	315	1365	114	1	12
Stuffed Crust - Medium	282	1185	15.7	31	4	10.3	4.9	1.8	0.66	1.65	2290	286	812	102	1	8
Stuffed Crust - Large	283	1190	15.5	31.4	4.1	10.3	4.7	1.8	0.66	1.66	3107	311	1098	110	1	10
Stuffed Crust - XXL	280	1178	15	32.9	4.3	9.5	4.2	1.8	0.64	1.61	4206	350	1502	125	1	12

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TUNA & ONION

TOPPINGS:

Pizza Sauce, Cheese, Tuna & Onion

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Fish (Tuna), Milk

INGREDIENT MAY CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE

Fish (Tuna), Milk

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	247	1042	13.2	31.4	6	7.1	3.89	2.6	0.518	1.3	1279	160	518	65	1	8
Authentic Thin Crust - Large	252	1064	16	32.4	4.7	6.1	2.7	2.1	0.55	1.38	1913	191	759	76	1	10
Authentic Thin Crust - XXL	228	960	13.8	26.1	5.3	7.1	3.45	2.4	0.358	0.9	2351	196	1031	86	1	12
Original Base - Small	246	1036	12.9	31.8	5.9	6.8	3.87	3	0.513	1.28	1139	190	463	77	1	6
Original Base - Medium	249	1047	11	33.1	6.6	7.2	4.14	3.9	0.531	1.33	1683	210	676	85	1	8
Original Base - Large	244	1028	11.6	33.2	9.3	6.5	3.31	3.2	0.54	1.35	2284	228	936	94	1	10
Original Base - XXL	233	979	11.7	29	5.5	7.1	4.1	3	0.524	1.31	3031	253	1301	108	1	12
Stuffed Crust - Medium	272	1147	15.8	31.7	4.3	8.8	4.3	1.9	0.57	1.42	2116	265	778	97	1	8
Stuffed Crust - Large	270	1139	16.1	32	4.3	8.3	3.9	1.9	0.56	1.41	2846	285	1054	105	1	10
Stuffed Crust - XXL	270	1137	15.4	33.5	4.5	7.9	3.6	1.9	0.55	1.38	3877	323	1436	120	1	12
Wheat Free Stone Baked *- Medium	228	957	12.7	26.2	3.2	8.2	3.8	3.1	0.47	1.18	1186	148	520	65	1	8

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HAM & MUSHROOM

TOPPINGS:
Pizza Sauce, Cheese, Ham & Mushroom

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Milk
INGREDIENT MAY CONTAIN:

None
INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE

Milk
INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	248	1046	12.5	33.8	4.7	6.6	2.8	2.2	0.56	1.4	1280	160	516	65	1	8
Authentic Thin Crust - Large	254	1068	12.7	34.2	4.7	6.9	3	2.2	0.57	1.43	1854	185	730	73	1	10
Authentic Thin Crust - XXL	251	1060	12.3	34.4	4.8	6.7	2.9	2.2	0.56	1.4	2510	209	1000	83	1	12
Original Base - Small	265	1116	12.7	36.9	4.8	6.9	3	2.2	0.56	1.4	1232	205	465	78	1	6
Original Base - Medium	266	1122	12	36.4	4.7	7.2	3.2	2.2	0.57	1.43	1798	225	676	85	1	8
Original Base - Large	268	1128	12.9	37.1	4.8	7.1	3.1	2.2	0.57	1.42	2444	244	912	91	1	10
Original Base - XXL	267	1127	12.5	38.1	4.9	6.7	2.8	2.2	0.55	1.39	3410	284	1277	106	1	12
Stuffed Crust - Medium	269	1134	8.7	33.2	4.2	8.7	4.1	2	0.57	1.42	2026	253	753	94	1	8
Stuffed Crust - Large	272	1147	13.7	33.5	4.3	8.9	4.2	2	0.58	1.44	2802	280	1030	103	1	10
Stuffed Crust - XXL	271	1143	13.2	35	4.5	8.4	3.8	2	0.56	1.41	3827	319	1412	118	1	12
Wheat Free Stone Baked *- Medium	226	950	9.1	27.3	3	8.2	3.6	3.3	0.48	1.2	1098	137	486	61	1	8

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HOT PEPPER PASSION

TOPPINGS:

Pizza Sauce, Cheese, Green Peppers, Onion, Jalapeño Peppers, Red Chillies

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Milk, Sulphur / Sulphur Dioxide
INGREDIENT MAY

CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE

Milk, Sulphur / Sulphur Dioxide
INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	227	955	9.5	32.7	5	5.8	2.4	3.2	0.58	1.44	1264	158	557	70	1	8
Authentic Thin Crust - Large	234	985	10	33.1	4.9	6.2	2.7	3.1	0.59	1.47	1814	181	775	78	1	10
Authentic Thin Crust - XXL	227	954	9.6	32.4	5	5.9	2.5	3.1	0.58	1.45	2502	208	1102	92	1	12
Original Base - Small	242	1021	10.4	34.2	4.9	6.5	2.9	3	0.6	1.5	1258	210	520	87	1	6
Original Base - Medium	248	1045	10.7	35.3	5	6.5	2.9	2.9	0.58	1.46	1776	222	716	90	1	8
Original Base - Large	251	1058	10.7	36.1	5	6.5	2.8	2.9	0.58	1.46	2402	240	957	96	1	10
Original Base - XXL	246	1037	10.3	36.2	5	6.1	2.5	2.9	0.57	1.43	3392	283	1379	115	1	12
Stuffed Crust - Medium	255	1074	11.8	31.6	4.4	8.5	4.1	2.6	0.59	1.48	2083	260	817	102	1	8
Stuffed Crust - Large	257	1083	11.7	32.7	4.4	8.4	3.9	2.6	0.59	1.47	2768	277	1077	108	1	10
Stuffed Crust - XXL	252	1061	11.1	33.4	4.6	7.7	3.5	2.7	0.58	1.44	3820	318	1516	126	1	12
Wheat Free Stone Baked *- Medium	200	840	5.6	27.3	3.5	6.7	2.7	4.3	0.49	1.22	1012	127	506	63	1	8

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THE CYPRIOT Vegetarian

TOPPINGS:

Pizza Sauce, Cheese, Onion, Tomatoes, Olives, Sliced Pepperoncini, Halloumi, Oregano

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Wheat, Gluten, Sulphites / Sulphur dioxide, Milk

INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal per Total	kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	226	943	10.1	27.4	6.7	7.8	3.5	2.4	0.54	1.36	1492	186	660	83	1	8
Authentic Thin Crust - Large	232	970	10.6	27.4	6.8	8.3	3.8	2.4	0.56	1.39	2183	218	941	94	1	10
Authentic Thin Crust - XXL	230	963	10.4	27.5	6.8	8.2	3.7	2.4	0.55	1.37	2958	246	1286	107	1	12
Original Base - Small	240	1006	10.7	30.2	6.4	7.9	3.6	2.3	0.55	1.37	1385	231	577	96	1	6
Original Base - Medium	245	1024	11	30.6	6.4	8.1	3.7	2.3	0.55	1.39	2004	251	818	102	1	8
Original Base - Large	247	1032	11.1	30.7	6.5	8.3	3.8	2.3	0.56	1.4	2761	276	1118	112	1	10
Original Base - XXL	246	1033	10.9	31.5	6.5	8	3.5	2.3	0.55	1.37	3828	319	1556	130	1	12
Stuffed Crust - Medium	251	1052	12	27.9	5.7	9.7	4.7	2.1	0.56	1.41	2309	289	920	115	1	8
Stuffed Crust - Large	253	1057	11.9	28.3	5.9	9.7	4.6	2.2	0.57	1.42	3132	313	1238	124	1	10
Stuffed Crust - XXL	252	1054	11.6	29.4	6	9.2	4.3	2.2	0.56	1.39	4266	356	1693	141	1	12

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CHEESE & TOMATO PERSONAL PIZZA

V Vegetarian

TOPPINGS:
Pizza Sauce,
Cheese

INGREDIENT ALLERGENS WITH ORIGINAL BASE
Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
257	1081	11.3	31.2	5.3	9.2	5.48	2.3	0.52	1.31

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
614	154	239	60	1	4



PEPPERONI PERSONAL PIZZA

TOPPINGS:
Pizza Sauce,
Cheese,
Pepperoni

INGREDIENT ALLERGENS WITH ORIGINAL BASE
Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
287	1203	11.3	35	5.6	10.7	5.35	2.5	0.64	1.59

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
684	171	238.5	60	1	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



CHICKEN & SWEETCORN PERSONAL PIZZA

TOPPINGS:

Pizza Sauce, Cheese, Chicken, Sweetcorn

INGREDIENT ALLERGENS WITH ORIGINAL BASE

Gluten, Wheat, Milk, Soya, Mustard

INGREDIENT MAY CONTAIN:

None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
221	932	10.6	31	5.9	5.5	2.92	2.6	0.52	1.3

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
610	152	276	69	1	4



CHEESE & MUSHROOM PERSONAL PIZZA

Vegetarian

TOPPINGS:

Pizza Sauce, Cheese, Chestnut Mushrooms

INGREDIENT ALLERGENS WITH ORIGINAL BASE

Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:

None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
245	1029	9.6	34.8	5.6	6.9	4.06	2.4	0.49	1.23

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
642	160	262	65.5	1	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



AMERICAN HOT PERSONAL PIZZA



TOPPINGS:

Pizza Sauce,
Cheese,
Pepperoni,
Jalapeño Peppers

INGREDIENT ALLERGENS WITH ORIGINAL BASE

Gluten, Wheat,
Sulphites
/ Sulphur Dioxide,
Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
253	1065	10.3	34.7	6.1	7.6	3.53	2.4	0.60	1.5

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
663	166	262	66	1	4



HAWAIIAN PERSONAL PIZZA

TOPPINGS:

Pizza Sauce,
Cheese, Ham,
Pineapple

INGREDIENT ALLERGENS WITH ORIGINAL BASE

Gluten,
Wheat, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
253	1067	12	35.2	6.7	6.7	2.9	2	0.56	1.39

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
683	171	270	68	1	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



VEGAN CHEESE & TOMATO



TOPPINGS:
Pizza Sauce, vegan Sheese®

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE
Gluten, Wheat, Oats (Gluten Free)

INGREDIENT MAY CONTAIN:
None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE

Oats (gluten free)

INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal Per Total	Kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	277	1161	6.6	35.9	6	11	8.02	3.9	0.50	1.25	1258	157	454	57	1	8
Authentic Thin Crust - Large	278	1165	6	37.6	6.6	10.5	7.72	4.4	0.54	1.36	1735	173	624	62	1	10
Authentic Thin Crust - XXL	297	1250	7.2	42.7	4.2	10.2	6.3	2.9	0.58	1.46	2569	214	865	72	1	12
Original Base - Small	282	1184	6.9	39.9	6	9.6	7.26	4.2	0.53	1.33	1204	201	427	71	1	6
Original Base - Medium	269	1128	6.4	37.6	6.2	9.4	6.84	4	0.49	1.23	1574	197	585	73	1	8
Original Base - Large	276	1157	6.2	38.8	6.5	9.8	7.14	3.7	0.53	1.34	2211	221	801	80	1	10
Original Base - XXL	277	1165	7.7	37.3	6.1	10	7.34	3.7	0.50	1.24	3116	260	1125	94	1	12
Stuffed Crust - Medium	285	1193	6.6	34.9	5.3	12.3	9.58	4.1	0.56	1.39	1941	243	681	85	1	8
Stuffed Crust - Large	272	1138	6.1	34	5.6	11.5	8.58	3.9	0.55	1.37	2486	249	914	91	1	10
Stuffed Crust - XXL	283	1186	6.8	37.6	5.8	10.8	8.09	3.9	0.53	1.33	3546	295	1253	104	1	12
Wheat Free Stone Baked *- Medium	296	1239	2.5	40.4	3	12.5	9.08	1.53	0.422	1.06	1270	159	429	54	1	8

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VEGAN GARDEN PARTY



TOPPINGS:

Pizza Sauce, vegan Sheese®, Tomatoes, Onions, Green Peppers, Sweetcorn, Chestnut Mushrooms

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE

Gluten, Wheat, Oats (Gluten Free)

INGREDIENT MAY CONTAIN:

None

INGREDIENT ALLERGENS WITH MEDIUM WHEAT FREE BASE

Oats (gluten free)

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATED	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal Per Total	Kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	226	949	6.1	31.6	5.9	7.6	5.13	3.4	0.383	0.96	1300	162	575	72	1	8
Authentic Thin Crust - Large	230	967	6	32.2	6.4	7.8	5.18	3.6	0.426	1.07	1817	182	790	79	1	10
Authentic Thin Crust - XXL	231	972	6.4	24.5	4.2	6.9	3.8	2.9	0.43	1.09	2564	214	1110	93	1	12
Original Base - Personal	250	1049	6.3	35.6	6.1	8.9	6.42	0.9	0.388	0.97	1269	211	508	85	1	6
Original Base - Small	250	1049	6.3	35.6	6.1	8.9	6.42	0.9	0.388	0.97	1269	211	508	85	1	6
Original Base - Medium	240	1008	6.8	34.4	6.1	7.6	5.5	3.3	0.396	0.99	1715	214	715	89	1	8
Original Base - Large	242	1018	6.8	34.4	5.7	7.9	5.15	3.2	0.429	1.07	2318	232	958	96	1	10
Original Base - XXL	245	1028	6.8	35.6	6	7.6	5.11	3.3	0.392	0.98	3369	281	1375	115	1	12
Stuffed Crust - Medium	251	1053	5.6	32.5	4.9	10.1	7.41	4	0.461	1.15	1998	250	796	100	1	8
Stuffed Crust - Large	252	1056	6.4	33.1	5.3	9.6	7.2	3.6	0.446	1.12	2638	264	1047	105	1	10
Stuffed Crust - XXL	251	1055	6.3	33.6	6	9.3	6.66	3.7	0.429	1.07	3717	310	1481	123	1	12
Wheat Free Stone Baked *- Medium	239	1001	2.7	34.6	3.5	8.8	5.82	5.1	0.86	0.343	1353	169	566	70.75	1	8

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VEGAN JACKFRUIT 'PEPPERONI'



TOPPINGS:
 Pizza Sauce, vegan Sheese®
 Jackfruit 'Pepperoni'

**INGREDIENT ALLERGENS
 WITH ORIGINAL OR
 AUTHENTIC THIN CRUST
 BASE**

Gluten, Wheat, Oats (Gluten Free)

**INGREDIENT MAY
 CONTAIN:**

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal Per Total	Kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	290	1218	7.4	36.5	4.9	11.4	5.1	2.8	0.43	1.09	1424	178	491	61	1	8
Authentic Thin Crust - Large	291	1224	7.4	36.7	4.8	11.4	5.4	2.8	0.44	1.11	2028	203	697	70	1	10
Authentic Thin Crust - XXL	284	1196	7.5	37.4	5	10.4	4.8	2.8	0.44	1.09	2672	223	941	78	1	12
Original Base - Small	301	1267	7.8	38.7	4.8	11.5	5.5	2.8	0.46	1.14	1345	224	447	75	1	6
Original Base - Medium	303	1275	7.7	38.6	4.8	11.7	5.8	2.9	0.46	1.16	1933	242	638	80	1	8
Original Base - Large	299	1258	7.9	39.7	4.9	10.8	5.2	2.8	0.46	1.14	2556	256	855	86	1	10
Original Base - XXL	296	1246	8	40.4	5	10.2	4.9	2.8	0.46	1.14	3564	297	1204	100	1	12
Stuffed Crust - Medium	264	1108	6.7	33.6	4.2	10.1	5.1	2.5	0.4	1.01	1938	242	734	92	1	8
Stuffed Crust - Large	246	1112	7	35	4.3	9.5	4.6	2.5	0.5	1.01	2381	238	968	97	1	10
Stuffed Crust - XXL	268	1126	7.2	36.5	4.5	9.2	4.4	2.5	0.41	1.03	3570	297	1332	111	1	12

Allergens: "None" refers to the ingredients themselves, not the finished product from store. All of our food is freshly prepared in store. We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products. Product customisation may affect calorie content.



THE VEGAN WORKS



TOPPINGS:

Pizza Sauce, vegan Sheese® Jackfruit "Pepperoni", Vegan Italian Style Sausage, Chestnut Mushrooms, Green Peppers, Onions, Black Olives

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Barley, Wheat, Mustard, Soya

INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATEDS	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE
Authentic Thin Crust - Medium	252	1060	7.1	31.9	4	9.6	4.3	3.1	0.45	1.14	1464	183	581	73	1	8
Authentic Thin Crust - Large	256	1075	7.3	32.5	4	9.7	4.6	3.2	0.47	1.18	2089	209	816	82	1	10
Authentic Thin Crust - XXL	246	1032	7.4	32.2	4	8.7	4	3.2	0.46	1.16	2797	233	1137	95	1	12
Original Base - Small	266	1120	7.5	34.5	4.1	9.8	4.8	3.2	0.47	1.18	1373	229	516	86	1	6
Original Base - Medium	272	1142	7.5	34.7	4.1	10.2	5.1	3.2	0.48	1.19	1980	248	728	91	1	8
Original Base - Large	267	1124	7.7	35.2	4.3	9.5	4.6	3.1	0.49	1.22	2563	256	960	96	1	10
Original Base - XXL	263	1108	7.8	35.6	4.2	8.9	4.2	3.1	0.47	1.18	3708	309	1410	118	1	12
Stuffed Crust - Medium	240	1009	6.6	30.7	3.6	9	4.5	2.8	0.42	1.05	1978	247	824	103	1	8
Stuffed Crust - Large	241	1013	7	32	3.8	8.4	4.1	2.8	0.43	1.07	2620	262	1087	109	1	10
Stuffed Crust - XXL	241	1016	7.2	32.6	3.8	8.2	3.8	2.9	0.43	1.09	3707	309	1538	128	1	12

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LA VIE™ VEGAN HAWAIIAN Vegan

TOPPINGS:

Pizza Sauce, Vegan Sheese®, La Vie™ Vegan Ham

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE:

Gluten, Wheat, Soya. With Gluten Free Oats – Vegan Stuffed Crust Only

INGREDIENT MAY CONTAIN:

None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal Per Total	Kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	265	1117	8	39.5	6.1	7.8	4.7	3	0.45	1.14	1357	170	512	64	1	8
Authentic Thin Crust - Large	270	1135	8	39.7	6	8.2	5	3	0.47	1.17	1963	196	727	73	1	10
Authentic Thin Crust - XXL	264	1112	7.9	39.8	6.1	7.5	4.4	2.9	0.46	1.14	2598	216	984	82	1	12
Original Base - Small	284	1197	8.1	42.6	6	8.4	5.1	3	0.48	1.21	1312	219	462	77	1	6
Original Base - Medium	288	1211	8.2	42.5	5.8	8.8	5.4	3.1	0.49	1.24	1904	238	661	83	1	8
Original Base - Large	283	1192	8.4	42.8	5.8	8.1	4.8	3	0.48	1.2	2519	252	890	89	1	10
Original Base - XXL	282	1189	8.4	43.3	5.9	7.8	4.5	2.9	0.48	1.2	3536	295	1254	105	1	12
Stuffed Crust - Medium	251	1058	7.1	37.1	5	7.7	4.7	2.7	0.43	1.08	1900	238	757	95	1	8
Stuffed Crust - Large	251	1058	7.4	38	5.2	7.2	4.3	2.6	0.43	1.07	2518	252	1003	100	1	10
Stuffed Crust - XXL	256	1079	7.6	39.3	5.3	7.1	4.1	2.7	0.43	1.09	3538	295	1382	115	1	12

Allergens: "None" refers to the ingredients themselves, not the finished product from store. All of our food is freshly prepared in store. We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products. Product customisation may affect calorie content.



VEGAN CHEESE & TOMATO PERSONAL PIZZA



TOPPINGS:
Pizza Sauce, vegan Sheese®

INGREDIENT ALLERGENS WITH ORIGINAL BASE

Gluten, Wheat, Oats (Gluten Free)

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
286	1199	7.2	38.8	5.4	10.5	7.7	3.6	0.45	1.13

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE
704	176	246	61.5	1	4



VEGAN JACKFRUIT 'PEPPERONI' PERSONAL PIZZA



TOPPINGS:
Pizza Sauce, vegan Sheese®
Jackfruit 'Pepperoni'

INGREDIENT ALLERGENS WITH ORIGINAL BASE

Gluten, Wheat, Oats (Gluten Free)

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
278	1172	7.6	43	6.7	7.6	3.29	3.8	0.6	1.51

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE
676	169	243	61	1	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



BBQ CHICKEN & BACON

TOPPINGS:

BBQ Sauce, Chicken,
Bacon, Onion, Cheese

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Soya,
Mustard, Milk, Barley

INGREDIENT MAY CONTAIN:

None

VALUES PER 100G

ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
333	1404	10.9	54.8	6	7.2	1.13	2.6	0.49	1.23

VALUES PER PORTION

ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE
kcal per Total	kcal per Portion	g	g	Slice	Slice
737	737	315	315	2	2

Allergens: "None" refers to the ingredients themselves, not the finished product from store. All of our food is freshly prepared in store. We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products. Product customisation may affect calorie content.



ITALIAN SAUSAGE & PEPPERONI



TOPPINGS:

Pizza Sauce, Italian Sausage, Pepperoni, Jalapeño Peppers, Cheese

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Mustard, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN:

None

VALUES PER 100G

ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
299	1250	14.2	24.9	2.4	15.6	6.3	1.5	0.69	1.73

VALUES PER PORTION

ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE
kcal per Total	kcal per Portion	g	g	Slice	Slice
921	921	308	308	2	2

Allergens: "None" refers to the ingredients themselves, not the finished product from store. All of our food is freshly prepared in store. We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products. Product customisation may affect calorie content.



FAJITA CHICKEN



TOPPINGS:

Pizza Sauce, Chicken, Green Peppers, Tomatoes, Red Chilli Peppers, Spicy Seasoning

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Soya, Mustard, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
181	760	9.7	22.9	3.1	5.2	2	1.6	0.4	1.01

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE
kcal per Total	kcal per Portion	g	g	Slice	Slice
547	547	302	302	2	2

Allergens: "None" refers to the ingredients themselves, not the finished product from store. All of our food is freshly prepared in store. We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products. Product customisation may affect calorie content.



GARLIC PIZZA STICKS

V Vegetarian



GARLIC CHEESE STICKS

V Vegetarian

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:

None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
368	1548	11.1	55.6	6.5	10.6	1.84	2.7	0.51	1.27

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Pieces
1111	556	302	151	2	14

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:

None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
350	1467	13.9	39	4.3	14.9	5.8	1.9	0.6	1.5

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Pieces
1463	732	418	209	2	14

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



BACON CHEESE STICKS



CHEESY POTATO TOTS

V Vegetarian

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH
Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
335	1403	12.9	37.4	5.1	14.2	4.95	2.8	0.65	1.63

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Pieces
1347	673	402	201	2	14

INGREDIENT ALLERGENS:
Milk

INGREDIENT MAY CONTAIN:
Gluten, Wheat

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
223	932	7.4	19.5	0.9	12.4	4.4	2	0.57	1.43

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	serving	Box of
718	359	322	161	1/2	2

Allergens: "None" refers to the ingredients themselves, not the finished product from store.
All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



POTATO TOTS WITH CHEESE & JALAPENOS

V Vegetarian

INGREDIENT ALLERGENS:
Milk, Sulphites / Sulphur Dioxide

INGREDIENT MAY CONTAIN:
Gluten, Wheat

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
194	812	6.3	16.4	1	11.2	3.3	1.4	0.73	1.82

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	serving	Box of
601	301	310	155	1/2	2



BACON & CHEESE POTATO TOTS

INGREDIENT ALLERGENS:
Milk

INGREDIENT MAY CONTAIN:
Gluten, Wheat

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
243	1013	8.3	20.1	0.6	13.6	4.08	3.4	0.56	1.41

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	Serving	Box of
746	373	307	153.5	1/2	2

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



GARLIC & CHEESE PAPA BITES

V Vegetarian



CHEESY JALAPENO BITES

V Vegetarian 

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
352	1478	12.3	39.6	3.9	15.8	4.9	1.5	0.51	1.27

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Piece	Pieces
739	92	210	26	1	8

INGREDIENT ALLERGENS:
Gluten, Wheat, Rye, Milk, Soya

INGREDIENT MAY CONTAIN:
Egg,

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
236	985	4.9	26.2	2.4	12.1	4.4	1.3	0.44	1.1

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Pieces
354	177	150	75	2	10

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



HALLOUMI FRIES

V Vegetarian



PLAIN ROASTED CHICKEN WINGS

INGREDIENT ALLERGENS:
Wheat (gluten),
Egg Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
311	1297	14.9	18.5	2.2	19.5	8.7	1	0.82	2.06

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Box of
498	249	160	80	2	8

INGREDIENT ALLERGENS:
Gluten, Wheat,
Celery

INGREDIENT MAY CONTAIN:
Soya, Egg,
Mustard, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
206	861	23	0.9	0.4	12.3	3.86	0.5	0.53	1.31

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL PORTION SIZE
kcal per Total	kcal per Portion	g	g	Per box	Box of
494	247	240	120	2	6

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

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We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



HOT BUFFALO CHICKEN WINGS



INGREDIENT ALLERGENS:
Gluten, Wheat, Celery

INGREDIENT MAY CONTAIN:
Soya, Egg, Mustard, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
234	978	27.3	1.9	1.9	13.8	3.58	0.5	1.09	2.73

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL PORTION SIZE
kcal Per Total	Kcal per Portion	g	g	Per box	Box of
702	351	300	150	2	6



BBQ CHICKEN WINGS

INGREDIENT ALLERGENS:
Gluten, Wheat, Celery, Barley

INGREDIENT MAY CONTAIN:
Soya, Egg, Mustard, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
243	1016	23.4	8.3	4.4	12.9	3.74	0.5	0.57	1.43

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL PORTION SIZE
kcal Per Total	Kcal per Portion	g	g	Per box	Box of
729	365	300	150	2	6

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



HOT PIRI PIRI CHICKEN POPPERS



INGREDIENT ALLERGENS:
Gluten, Wheat, Soya, Celery, Sulphites / Sulphur Dioxide, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
224	941	16.4	21.2	3.1	8	3.12	0.7	0.78	1.94

INGREDIENT MAY CONTAIN:
None

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL PORTION SIZE
kcal Per Total	Kcal per Portion	g	g	Per box	Box of
488	244	218	109	2	10



PLAIN CHICKEN POPPERS

INGREDIENT ALLERGENS:
Gluten, Wheat, Soya, Celery, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
196	824	18.4	14.3	0.8	7.1	2.87	0.7	0.5	1.25

INGREDIENT MAY CONTAIN:
None

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL PORTION SIZE
kcal Per Total	Kcal per Portion	g	g	Per box	Box of
353	177	180	90	2	10

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



CHICKEN COMBO



BBQ CHICKEN WINGS & POTATO TOTS

INGREDIENT ALLERGENS:

Gluten, Wheat, Barley, Soya, Celery, Sulphur dioxide, Sulphites, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
219	916	19.1	13	5	10	2.6	0.8	0.42	1.05

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Box of
742	186	339	85	4	12

INGREDIENT ALLERGENS:

Gluten, Wheat, Barley, Celery

INGREDIENT MAY CONTAIN:
Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
213	888	11.7	16	3.9	11	1.7	1.2	0.34	0.85

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Box of
1069	267	502	126	4	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



CHICKEN POPPERS & POTATO TOTS

INGREDIENT ALLERGENS:
Gluten, Wheat, Soya, Celery Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
193	809	9.6	19.7	0.6	8.2	1.8	1.4	0.48	1.2

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Box of
859	215	445	111	4	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.
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CAULIFLOWER WINGS

CRISPY COATED CAULIFLOWER BITES



POTATO TOTS



INGREDIENT ALLERGENS:
None

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
160	660	2.5	12	1.5	11	0.7	1.9	0.36	0.9

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	serving	Box of
320	160	229	115	1	2

INGREDIENT ALLERGENS:
None

INGREDIENT MAY CONTAIN:
Gluten, Wheat, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
190	796	2.5	23.6	0.5	9.1	1.01	2	0.46	1.15

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	serving	Box of
380	190	200	100	1	2

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



POTATO TOTS WITH VEGAN CHEESE



POTATO TOTS WITH VEGAN CHEESE & JALAPENOS



INGREDIENT ALLERGENS:
None

INGREDIENT MAY CONTAIN:
Gluten, Wheat, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
243	1014	1.9	26.5	0.2	13.5	4.19	4	0.43	1.07

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	serving	Box of
608	304	250	125	1	2

INGREDIENT ALLERGENS:
Sulphites / Sulphur Dioxide

INGREDIENT MAY CONTAIN:
Gluten, Wheat, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
235	978	1.7	24.3	0.2	13.6	4.35	4.1	0.59	1.48

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	serving	Box of
670	335	285	142.5	1	2

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



'NOT-CHICKEN' VEGAN BITES

FLAVOURED & TEXTURED MYCOPROTEIN FRIED WITH A COATING OF BREADCRUMBS



INGREDIENT ALLERGENS:
Gluten, Wheat

INGREDIENT MAY CONTAIN:
Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
206	863	8	22	0.6	8.2	1	6.2	0.48	1.2

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE
kcal per Total	kcal per Portion	g	g	Piece	Box of
412	206	200	100	1	8



"NOT-CHICKEN" VEGAN BITES AND POTATO TOTS Vegan

FLAVOURED & TEXTURED MYCOPROTEIN FRIED WITH A COATING OF BREADCRUMBS & POTATO TOTS

INGREDIENT ALLERGENS:
Gluten, Wheat

INGREDIENT MAY CONTAIN:
Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
197	826	5	22.9	0.5	8.7	1	3.9	0.28	0.69

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	Serving	Box of
867	217	440	110	4	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



LA VIE™ VEGAN HAM & SHEESE® STICKS



INGREDIENT ALLERGENS:
Gluten, Wheat, Soya

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
367	1540	9.2	46.1	4	15.6	7.2	2.9	0.54	1.36

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	serving	Box of
1442	721	393	197	2	14

Allergens: "None" refers to the ingredients themselves, not the finished product from store.
All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



GIANT CHOC CHIP COOKIE

V Vegetarian

INGREDIENT ALLERGENS:
Gluten, Wheat, Soya, Egg

INGREDIENT MAY CONTAIN:
None

Manufactured in a factory handling nuts

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
459	1921	4.7	59.2	34.4	22	10.77	2.6	0.175	0.44

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE
kcal per Total	kcal per Portion	g	g	Slice	Box of
1492	184	325	40	1	8



GIANT DOUBLE CHOCOLATE BROWNIE

V Vegetarian

INGREDIENT ALLERGENS:
Gluten, Wheat, Soya, Egg

INGREDIENT MAY CONTAIN:
None

Manufactured in a factory handling nuts

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
443	1859	5.1	62.1	44.8	18.9	5.1	2.2	0.95	2.4

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE
kcal per Total	kcal per Portion	g	g	Piece	Box of
1373	153	310	34	1	9

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



CINNAPIE STICKS

 Vegan



CINNAMON SCROLLS

 Vegan

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Oats, Soya, Sulphites / Sulphur Dioxide

INGREDIENT MAY CONTAIN: Egg, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
370	1561	8.9	60.5	14.3	9.8	1.9	2.1	0.36	0.91

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
1395	697	377	188.5	2	14

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH

Gluten, Wheat, Soya

INGREDIENT MAY CONTAIN: Egg, Milk

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
320	1349	8.9	52.3	11.8	7.7	1.75	3	0.33	0.83

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
1062	133	332	41.5	8	8

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



RASPBERRY & WHITE CHOCOLATE CHouxNUTS

V Vegetarian

INGREDIENT ALLERGENS
Gluten, Wheat, Soya, Egg, Milk

INGREDIENT MAY CONTAIN:
Nuts

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
290	1221	3.2	44.9	36.9	11.1	4.8	0.4	0.08	0.21

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
464	232	160	80	1	2



MINI FILLED DOUGHNUTS

V Vegetarian

INGREDIENT ALLERGENS:
Gluten, Wheat, Soya, Egg, Milk

INGREDIENT MAY CONTAIN:
Nuts

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
445	1859	7	45	18	26	9.4	1.6	0.3	0.79

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
445	223	100	50	2	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



MILK CHOCOLATE COOKIES (X2)

V Vegetarian



MILK CHOCOLATE COOKIES

V Vegetarian

INGREDIENT ALLERGENS

Gluten, Wheat, Soya, Egg, Milk

INGREDIENT MAY CONTAIN:

None

Manufactured in a factory handling nuts

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
372	1509	5.3	48	25	17	9.9	0.23	0.59	

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
298	149	80	40	1	2

INGREDIENT ALLERGENS

Gluten, Wheat, Soya, Egg, Milk

INGREDIENT MAY CONTAIN:

None

Manufactured in a factory handling nuts

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
372	1509	5.3	48	25	17	9.9	0.23	0.59	

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
595	149	160	40	4	4

Allergens: "None" refers to the ingredients themselves, not the finished product from store.

All of our food is freshly prepared in store.

We cannot guarantee that our products will be free from allergens / animal products – due to the risk of cross contact when assembling the products.



MILK CHOCOLATE COOKIES (X6)

V Vegetarian

INGREDIENT ALLERGENS

Gluten, Wheat, Soya, Egg, Milk

INGREDIENT MAY CONTAIN:

None

Manufactured in a factory handling nuts

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
372	1509	5.3	48	25	17	9.9	0.23	0.59	

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
893	149	240	40	1	6

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CHOCOLATE FUDGE CAKE

INGREDIENT ALLERGENS:
Gluten, Wheat, Egg, Milk, Soya

INGREDIENT MAY CONTAIN:
Nuts (Almonds, Hazelnuts, Pecan Nuts, Pistachio Nuts, Walnuts)

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
421	1761	5.7	50	42	21	6.4	2.4	0.21	0.53

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
665	665	158	158	1	1



LEMON CHEESECAKE

INGREDIENT ALLERGENS
Gluten, Wheat, Egg, Milk, Soya

INGREDIENT MAY CONTAIN:
Nuts (Almonds, Hazelnuts, Pecan Nuts, Pistachio Nuts, Walnuts), Barley, Rye, Oats

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
289	1209	4.2	28.5	20.6	17.5	9.4	0.5	0.09	0.25

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces
384	384	133	133	1	1

Selected stores only



BEN & JERRY'S™ - COOKIE DOUGH

See individual pack for nutritional
and allergen information



BEN & JERRY'S™ - CHOCOLATE FUDGE BROWNIE

See individual pack for nutritional
and allergen information



BEN & JERRY'S™ - NON-DAIRY COOKIES ON COOKIES

See individual pack for nutritional
and allergen information



BEN & JERRY'S™ - MINTER WONDERLAND

See individual pack for nutritional
and allergen information



BEN & JERRY'S™ - COOKIE DOUGH 100ml

See individual pack for nutritional and allergen information



BEN & JERRY'S™ - NON-DAIRY COOKIES ON COOKIES 100ml

See individual pack for nutritional and allergen information



BEN & JERRY'S™ - CHOCOLATE FUDGE BROWNIE 100ml

See individual pack for nutritional and allergen information

COOKED INGREDIENT VALUES PER 100G

CREATE YOUR OWN INGREDIENT NAME	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g
	Bacon	368	1535	32.9	9.5	0.6	22	9.2	0.5	2.15
Black Olives	236	967	2.1	0.1	0.1	23.3	4.04	8.7	0.14	0.35
Mozzarella Cheese	328	1366	23.1	6.3	2.2	23	15.7	1.9	0.92	2.32
Chestnut Mushrooms	50	211	5.7	4	0.1	0.5	0.1	3.9	0.05	0.12
Chicken	175	740	37.4	2	1.2	1.9	0.55	0.5	1	2.5
Chicken Poppers with TABASCO® Sauce Flavour	204	857	17.6	14	3.5	6.8	2.7	0.8	1.03	2.58
Feta Cheese	377	1562	21.2	0.4	0.1	32.3	22.7	0.5	3.15	7.87
Sliced Green Peppers	27	112	1	4.3	3.1	0.5	0.1	2.7	0.05	0.12
Halloumi	333	1384	24.4	2.4	2.4	25.1	15.1	0	0.8	2
Ham	197	828	30.3	1.8	1.8	7.8	3.02	0.5	1.47	3.68
Hot Sauce	225	940	2.27	19.35	17.97	15.36	1.05	1.81	2.012	5.03
Italian Style Sausage	366	1516	21.6	1.4	1.4	29.5	11	7.1	1.02	2.56
Jackfruit "Pepperoni"	341	1416	5.4	16.5	3.5	28.2	2.76	0.5	0.76	1.9
Jalapeno Slices	28	116	0.9	2.1	0.7	0.5	0.1	5.8	0.33	0.83
Sliced Onion	77	324	2	14.9	7.8	0.5	0.1	4.1	0.12	0.31
Oregano	265	1101	9	26	4.1	4.3	1.6	0	0.02	0.06
Pepperoni	499	2063	21	0	0	46.1	19.8	0.5	1.8	4.51
Sliced Pepperoncini	33	137	0	3	0	0	0	2	1.14	3.58
Philly Beef	132	558	23	9.5	5.2	2	0.8	0.8	0.45	1
Pineapple Chunks	134	568	0.5	31.4	21.6	0.5	0.1	1.8	0.05	0.12
Pork Sausage	327	1357	22.6	1.6	1.6	25.2	9.5	2.5	1	2.52
Premium Cheese Blend	352	1462	29.4	5.2	0.1	25.9	16.27	0.5	0.714	1.79
Sliced Red Chillies	124	512	5.7	7.7	3	4.4	1.13	15.2	0.05	0.12

FEB25-2

COOKED INGREDIENT VALUES PER 100G

CREATE YOUR OWN INGREDIENT NAME	ENERGY		PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATE	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	S	g	g	g
Spicy Beef	346	1447	27.9	12.8	1.2	20.4	9.17	0.5	0.66	1.65
Sweetcorn	112	470	3.9	15.8	7.2	2.7	0.51	4.4	0.5	0.12
Fresh Tomato	26	110	1.2	3.7	2.5	0.5	0.1	2.4	0.05	0.12
Tuna	205	872	49.8	0.6	0.1	0.5	0.11	0.5	0.82	2.06
La Vie™ Vegan Ham	110	465	19.5	3.2	0.3	1.6	0.7	2.5	0.8	2
Vegan Sheese	440	1822	0.3	26.5	1	35.3	30.52	7.5	0.83	2.08
Vegan Italian Style Sausage	211	882	17.2	16.6	4.3	10.2	1.22	7.6	0.67	1.68
BBQ Sauce	173	722	1.2	41.7	34.6	0.1	0.04	0.6	0.48	1.2
Buffalo Sauce	98	409	0.56	14.25	10.52	4.28	0.27	0.6	3.02	7.57

BACON

ALLERGENS: None
MAY CONTAIN: None

BBQ SAUCE (V)(Vg)

ALLERGENS: Barley (Gluten)
MAY CONTAIN: None

BLACK OLIVES (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

CHESTNUT MUSHROOMS (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

CHICKEN TOPPING

ALLERGENS: Gluten, Wheat, Soya,
Mustard
MAY CONTAIN: None

GREEN PEPPERS (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

CYPRLOT HALLOUMI

ALLERGENS: Milk
MAY CONTAIN: None

HAM

(Formed from pork leg meat with added water)
ALLERGENS: None
MAY CONTAIN: None

ICING DRIZZLE (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

ITALIAN SAUSAGE

ALLERGENS: Mustard
MAY CONTAIN: None

ITALIAN SEASONING (V)

ALLERGENS: Gluten, Wheat, Milk
MAY CONTAIN: None

JACKFRUIT "PEPPERONI" (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

JALAPENO PEPPERS (V) (Vg)

ALLERGENS: Sulphites / Sulphur
Dioxide
MAY CONTAIN: None

MOZZARELLA CHEESE (V)

ALLERGENS: Milk
MAY CONTAIN: None

ONIONS (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

OREGANO (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

PEPPERONI

ALLERGENS: None
MAY CONTAIN: None

PEPPERONICINI (V) (Vg)

ALLERGENS: Sulphites / Sulphur
Dioxide
MAY CONTAIN: None

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(Vg) = Vegan

SLICED PEPPERONICINI (V) (Vg)

ALLERGENS: Sulphites / Sulphur Dioxide
MAY CONTAIN: None

PHILLY BEEF

ALLERGENS: Barley (Gluten)
MAY CONTAIN: None

PINEAPPLE (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

PORK SAUSAGE

ALLERGENS: Mustard
MAY CONTAIN: None

PREMIUM CHEESE BLEND (V)

ALLERGENS: Milk
MAY CONTAIN: None

RED CHILLIES (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

SPICY BEEF

ALLERGENS: Gluten, Wheat, Milk
MAY CONTAIN: None

STUFFED CRUST CHEESE (V)

ALLERGENS: Milk
MAY CONTAIN: None

SWEETCORN (V) (Vg)

ALLERGENS: None
MAY CONTAIN: None

TOMATOES (Vg)

ALLERGENS: None
MAY CONTAIN: None

TUNA

ALLERGENS: Fish
MAY CONTAIN: None

VEGAN CHEESE (V) (Vg)

ALLERGENS: Oats (Gluten Free)
MAY CONTAIN: None

LA VIE™ VEGAN HAM (V) (Vg)

ALLERGENS: Soya
MAY CONTAIN: Gluten, Wheat

VEGAN ITALIAN SAUSAGE (V) (Vg)

ALLERGENS: Gluten, Wheat, Barley, Soya, Mustard
MAY CONTAIN: None

VEGAN STUFFED CRUST CHEESE (V) (Vg)

ALLERGENS: Oats (Gluten Free)
MAY CONTAIN: None

BUFFALO SAUCE- DRIZZLE (Vg)

ALLERGENS: None
MAY CONTAIN: None

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PIZZA BASES

ORIGINAL & AUTHENTIC THIN CRUST (including DOUGH) (Vg)
 ALLERGENS: Wheat (Gluten)
 MAY CONTAIN: None

WHEAT FREE STONEBAKED BASE(Vg)
 ALLERGENS: None
 MAY CONTAIN: None

DUSTING FLOUR (Vg)
 ALLERGENS: Wheat (Gluten)
 MAY CONTAIN: None

BASE SAUCES

BBQ SAUCE - BASE (Vg)
 ALLERGENS: Barley (Gluten)
 MAY CONTAIN: None

BUFFALO SAUCE- BASE (Vg)
 ALLERGENS: None
 MAY CONTAIN: None

PIZZA SAUCE - BASE (Vg)
 ALLERGENS: None
 MAY CONTAIN: None

GARLIC BREAD SAUCE - BASE (Vg)
 ALLERGENS: None
 MAY CONTAIN: None

DIPS

BBQ SAUCE - DIP (Vg)
 ALLERGENS: Barley (Gluten)
 MAY CONTAIN: None

GARLIC & HERB - DIP (Vg)
 ALLERGENS: Mustard
 MAY CONTAIN: None

GRAVY MAYO- DIP (V)
 ALLERGENS: Egg
 MAY CONTAIN: None

HOT BUFFALO - DIP (Vg)
 ALLERGENS: None
 MAY CONTAIN: None

SPECIAL GARLIC - DIP (Vg)
 ALLERGENS: None
 MAY CONTAIN: None

TOMATO & HERB - DIP (Vg)
 ALLERGENS: None
 MAY CONTAIN: None

HEINZ SWEET CHILLI - DIP (Vg)
 ALLERGENS: None
 MAY CONTAIN: None

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TANGO ICE BLAST CHERRY SORBET

See individual pack for nutritional
and allergen information

 Vegan



TANGO ICE BLAST BLUE RASPBERRY SORBET

See individual pack for nutritional
and allergen information

 Vegan



F'REAL MILKSHAKE VANILLA

Contains: Milk
May Contain: Gluten (Wheat), Soya
Traces of nuts



F'REAL MILKSHAKE STRAWBERRY

Contains: Milk
May Contain: Gluten (Wheat), Soya,
Traces of nuts



F'REAL MILKSHAKE CHOCOLATE

Contains: Milk, Soya.
May Contain: Gluten (Wheat),
Traces of nuts



F'REAL MILKSHAKE COOKIES 'N CREAM

Contains: Gluten (Wheat), Milk.
May Contain: Soya, Traces of nuts

There is an allergen statement printed on every cup stating that F'Real products may contain traces of peanuts, tree nuts, soybeans, wheat, or eggs from manufacturing or blending since all of our products are made at the same manufacturer and share the same blender.

SOFT DRINKS

See individual packs for nutritional and allergen information.

- PEPSI MAX
- PEPSI MAX CHERRY
- PEPSI MAX RASPBERRY
- PEPSI
- BALLYGOWAN WATER
- PEACH ICED TEA
- TANGO ORANGE
- 7UP ZERO
- ROBINSONS REAL FRUIT APPLE & RASPBERRY
- IRON BRU
- IRON BRU SUGAR FREE

CYO INGREDIENTS

ANCHOVIES

ALLERGENS: Fish

MAY CONTAIN: None

TUNA

ALLERGENS: Fish

MAY CONTAIN: None

SAGE ONIONS & SPROUTS (V)(Vg)

ALLERGENS: None

MAY CONTAIN: None

SEASONED PULLED TURKEY

ALLERGENS: None

MAY CONTAIN: None

Sliced Chicken Poppers

with TABASCO® Sauce Flavour

ALLERGENS: Gluten, Wheat, Barley,

Celery, Milk, Soya

MAY CONTAIN: None

CRANBERRY SAUCE DRIZZLE

(V)(Vg)

ALLERGENS: None

MAY CONTAIN: None

BASE SAUCES

RANCH SAUCE – BASE (Vg)

ALLERGENS: Soya, Mustard

MAY CONTAIN: None

Ranch spiced with TABASCO® Jalapeño Sauce

ALLERGENS: Egg, Milk

MAY CONTAIN: None

GRAVY SAUCE – BASE

ALLERGENS: None

MAY CONTAIN: None



PIGS IN BLANKETS



CHEESY CHICKEN PAPA BITES

INGREDIENT ALLERGENS:
Gluten, Wheat, Sulphites / Sulphur Dioxide

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
308	1279	19.8	1.4	0.4	24.4	9	2	0.91	2.28

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Box of
370	185	120	60	2	8

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH:
Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
277	1162	14.5	32.1	5	9.4	4.04	2.8	0.6	1.5

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Piece	Pieces
712	89	257	32	1	8



POTATO TOTS WITH FOUR CHEESES

V Vegetarian

INGREDIENT ALLERGENS:
Milk

INGREDIENT MAY CONTAIN:
Gluten, Wheat

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
281	1171	7.8	24	0.7	16.1	5.64	4.3	0.63	1.59

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMMENDED PORTION SIZE	TOTAL PORTIONS
kcal per Total	kcal per Portion	g	g	Serving	Box of
874	437	311	155.5	1/2	2



GARLIC STICKS WITH FOUR CHEESES

V Vegetarian

INGREDIENT ALLERGENS WITH PAPA JOHNS ORIGINAL DOUGH:
Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:
None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
328	1373	15.4	33.6	5.54	13.6	5.54	4.6	0.60	1.51

VALUES PER PORTION					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX
kcal per Total	kcal per Portion	g	g	Per box	Pieces
1319	659	402	201	2	14

RECENTLY DELISTED



BBQ VEGAN 'CHICKEN' Vegan

TOPPINGS:

Pizza Sauce, vegan Sheese®, Vegan 'Chicken', Mushrooms, BBQ Drizzle

INGREDIENT ALLERGENS WITH ORIGINAL OR AUTHENTIC THIN CRUST BASE

Gluten, Wheat, Barley, Oats (Gluten Free), Soya

INGREDIENT MAY CONTAIN:
None

SIZE & CRUST	VALUES PER 100G										VALUES PER SLICE					
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
	kcal	kJ	g	g	g	g	g	g	g	g	kcal Per Total	Kcal per Portion	g	g	SLICE	SLICE
Authentic Thin Crust - Medium	248	1045	8	33.9	6.3	7.7	4.5	3.3	0.42	1.05	1309	164	528	66	1	8
Authentic Thin Crust - Large	246	1033	7.6	33	6	7.9	4.7	3.3	0.43	1.07	1904	190	774	77	1	10
Authentic Thin Crust - XXL	239	1004	7.7	33	5.9	7.2	4	3.3	0.41	1.03	2533	211	1060	88	1	12
Original Base - Small	255	1072	8	34.7	5.8	8	4.7	3.3	0.43	1.08	1280	213	502	84	1	6
Original Base - Medium	270	1137	8.2	36.5	5.9	8.7	5.3	3.3	0.45	1.13	1823	228	675	84	1	8
Original Base - Large	261	1097	8.1	36.4	5.9	7.9	4.6	3.2	0.44	1.1	2433	243	932	93	1	10
Original Base - XXL	258	1088	8.2	36.6	5.7	7.6	4.3	3.2	0.44	1.09	3413	284	1323	110	1	12
Stuffed Crust - Medium	237	995	7.2	32	5.2	7.6	4.6	2.9	0.39	0.99	1827	228	771	96	1	8
Stuffed Crust - Large	233	979	7.2	32.4	5.3	7	4.1	2.9	0.39	0.99	2435	243	1045	105	1	10
Stuffed Crust - XXL	236	992	7.4	33.3	5.2	6.9	3.9	2.9	0.40	1	3424	285	1451	121	1	12

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RECENTLY DELISTED