



Perfect Supplements, LLC  
 PO Box 60070  
 Florence, MA 01062  
 USA 866-802-3860  
[www.PerfectSupplements.com](http://www.PerfectSupplements.com)

<b>Product Name:</b>	Organic Perfect Chlorella ( <i>vulgaris</i> )
----------------------	---

<b>Nutrition</b>	<b>Value (per 100g)</b>
Energy	411 cal
Protein	55.7 g
Carbohydrate	25.3 g
Fat	12.7 g
Of which - Saturates	2.54 g
Mono-Unsaturates	2.04 g
Polyunsaturates	4.36 g
Total Vitamin A	39,800 iu
Vitamin A as Retinol	<100 iu
Vitamin B12	578 mcg
Vitamin D2	40,000 iu
Vitamin E	8.59 mg
Vitamin K1	2.91 mg
Calcium	290 mg
Copper	4.67 mg
Iodine	354 mcg
Iron	85.7 mg
Magnesium	268 mg
Manganese	6.25 mg
Phosphorus	869 mg
Potassium	964 mg
Selenium	22.8 mcg
Sodium	784 mg
Zinc	9.53 mg
Thiamin	0.68 mg
Riboflavin	5.91 mg
Niacin	17.7 mg
Biotin	24.2 mcg
Chlorophyll	219 mg