

Created by clinicians for clinicians, THERABAND is the originator and global leader in resistance bands and products.

Our proprietary formulas, processes, testing and Trusted Progression™ System ensure our clinicians' patients progress in their recovery safely, consistently and with confidence. Designed and engineered in the U.S.A., our proven science has transformed millions of lives.



THERABAND was created over 40 years ago by two clinicians to help patients recover safely and with confidence. Since then, THERABAND has transformed the lives of millions for the better. That passion is in the DNA of this storied brand. As the leader and pioneer, THERABAND is the standard that others measure themselves against; we are the originals.

Premium

Our premium products, relationships and experience are what the world has come to expect from the leader and originator. Our exacting quality standards, customer experience and value to the clinician and the patient are uncompromised and unmatched. THERABAND is Proven Science, Trusted Performance.

Confidence

Clinicians world-wide have been trained on THERABAND and place confidence in our brand. The scientific research conducted, rigorous product testing and dedication to the clinician ensure that every step of the way, you can trust THERABAND.

Leader

THERABAND is the original, the innovator and the creator of the category. THERABAND continues to set the standard of excellence. Our proprietary formulas, processes, testing and **Trusted Progression™ System** were born from that leadership.



Proven science

THERABAND is the leader with science on its side. THERABAND has been tested, validated, studied and researched to ensure superior patient safety and recovery. We control the aspects of production, from formulation to supply chain. THERABAND products comply with FDA and EU Class I Medical Device requirements.

Transformational

THERABAND was created to improve the lives of the clinician as well as the patient. THERABAND products and our **Trusted Progression™ System** have positively transformed the lives of millions world-wide.

Full range of clinical solutions

The THERABAND range of products includes a broad range of rehabilitation and wellness products, including progressive resistance bands, loops, tubing, non-latex options, FlexBars, exercise balls, range of motion products, self massage products, and versatile exercise stations and accessories.



Transforming therapy

Resistance selection guide

Created by clinicians for clinicians, THERABAND is the originator and global leader in resistance bands and products

- Resistance Bands
- Resistance Tubing
- Resistance Tubing with handles
- CLX® Resistance Bands
- Resistance Band Loops
- VECTOR



All products not available in all markets.

Some products contain natural rubber latex which may cause allergic reactions. Always read the label. Follow the instructions for use. TheraBand®, CLX™, XactStretch™, FlexBar®, Pro Series SCP®, the Color Pyramid & Associated Colors are all trademarks of Performance Health and/or its subsidiaries and may be registered in the United States and other countries. ©2022 All rights reserved. Unauthorized use is strictly prohibited. P11710-R00



THERABAND.COM

Proven Science, Trusted Performance.



Resistance selection guide



Resistance Bands	
Resistance Tubing	
Resistance Tubing with handles	
CLX® Resistance Bands	
Resistance Band Loops	
Vector	

Created by clinicians for clinicians, THERABAND is the originator and global leader in resistance bands and products. Our proprietary formulas, processes, testing and Trusted Progression™ System ensure our clinicians' patients progress in their recovery safely, consistently and with confidence. Designed and engineered in the USA, our proven science has transformed millions of lives.

Visit theraband.com or contact your rehabilitation product supplier for more information.

Not all products available in all markets.

1. Caution: This product contains natural rubber latex which may cause allergic reactions.
2. Not made with natural rubber latex.

Always read the label. Follow the instructions for use. TheraBand®, CLX™, XactStretch™, FlexBar®, Pro Series SCP®, the Color Pyramid & Associated Colors are all trademarks of Performance Health and/or its subsidiaries and may be registered in the United States and other countries. ©2022 All rights reserved. Unauthorized use is strictly prohibited.

Color/ Thickness	Resistance Level	Recommended Exercise Level/ Activity/Intensity	LATEX ¹				NON-LATEX ²		
			Bulk Packaged	Precut/ Individual	Precut/ Patient Packs <small>Assorted Colors</small>	Precut/ Individually Wrapped	Bulk Packaged	Precut/ Patient Packs <small>Assorted Colors</small>	Precut/ Individual
Extra Resistance Bands		Easy Intensity Light Rehab/Flexibility							
Thin									
Medium		Low Intensity Medium Rehab/ Beginner Fitness/ Light Conditioning							
Heavy									
Extra Heavy		Moderate Intensity Intermediate Rehab/ Everyday Fitness/ Moderate Conditioning & Fitness							
Special Heavy									
Super Heavy		Hard Intensity Advanced Rehab/Strength Training/Sports & Fitness							
Max									
High Resistance LIGHT		Heavy Intensity Strength Training/ Sports Rehab/ Heavy Fitness							
High Resistance MEDIUM									
High Resistance HEAVY									
High Resistance X-HEAVY									
Specialty		Variable & Adjustable Intensity Multiple Fitness Levels/ Comprehensive Strength Training & Conditioning							