

2021 Otter II Backpacking Trip Packing List

Required Items

- Frame pack (make sure it's the right size for you and a minimum of 40 litres. We can help with fitting.)
- A hammock and small tarp can be a great lightweight and personal shelter
- Sleeping bag **with** stuff sack (no cotton bags) minimum 40 degree temp
- Sleeping pad or under quilt
- 2 large water bottles (at least 2 liters total)
- 1 bowl
- 1 cup
- 1 spoon
- Toiletries (toothbrush/toothpaste, etc.)
- ***Any medication needed***
- Hand sanitizer
- Large trash bag(s) to line inside of pack
- 2 t-shirts (no cotton!!)
- 1 pair water shoes (that will stay on your feet; not slip flops!)
- 1-2 pairs of shorts (no cotton or denim!!)
- 3-5 pairs of underwear (try to avoid cotton)
- 2-3 pairs hiking socks (not cotton!!)
- 1 pair long johns/base layer top and bottom (polypro or capilene)
- 1 pair lightweight hiking pants
- 1 wool/fleece sweater/jacket
- flashlight/headlamp and extra batteries
- Rain jacket **AND** rain pants
- 1 bathing suit
- A CDC approved mask

****Please double check that you have all of these items and that they are in good working condition and pack into/onto your bag before you leave the house on the day of the trip.****

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Recommended / Optional Items

- | | |
|---|--|
| <input type="checkbox"/> Your own water purification supplies if possible (we use iodine but a pump or other approved method is fine) | <input type="checkbox"/> Extra hand sanitizer and soap |
| <input type="checkbox"/> Hat / sunglasses | <input type="checkbox"/> Brush / comb |
| <input type="checkbox"/> Sunscreen / bug spray | <input type="checkbox"/> Equipment to tie stuff onto pack (if needed for sleeping bag / pad) |
| <input type="checkbox"/> Trash bag for wet clothes | <input type="checkbox"/> Pocket knife |
| <input type="checkbox"/> Pen / paper (optional) | <input type="checkbox"/> Disposable or simple camera |

Things to **AVOID**

- | | |
|---------------------------------------|---------------------------------|
| • Cell phones / ipods / radios / etc. | • Food / snacks |
| | • Cotton and denim!! |
| | • Toys / stuffed animals / etc. |

Thanks! Looking forward to a great trip!

****REMINDER****

We will provide the food but campers will carry their own lunches and be responsible for its preparation. (Please leave room for this in your bag.)

Print this list and check it off as you go! Don't forget something you will need!