

**Year 10 Sports studies:**

These units will explore a range of topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour through sport and the role of high-profile sporting events and national governing bodies in advancing sports' attempts to positively impact upon society and showcase their worth beyond providing entertainment. In addition, they will develop their skills, techniques and use of tactics/strategies/ compositional ideas in both an individual and a team sporting activity.

**Term by term**

Term	Focus	Assessment
1	<b>Practical lessons- R052- Developing Sports skills team performance- Basketball</b> Develop skills, techniques, decision making, compositional ideas and awareness of their role within the team <b>R051- Contemporary issues in sport- L01- Issues which affect participation in sport- theory</b> Develop knowledge and understanding of different user groups, possible barriers, solutions to break down barriers, popularity of sport in the UK, current trends, emerging sports.	<b>R051-</b> Externally assessed 60-minute examination  Teacher feedback through verbal, marking of folders, questioning in lessons, end of unit exams.
2	<b>Practical lessons- R052- Developing Sports skills L01- individual performance- Badminton</b> Develop skills, techniques, decision making, compositional ideas and awareness of their role within the team <b>R051- Contemporary issues in sport- L02- Role in sport in promoting values</b> Develop knowledge of:- Values promoted through sport, Olympic and Paralympic movement, Etiquette and sporting behaviour, Drugs in sport and ethical issues	Self/peer assessment
3	<b>Practical lessons- R052- L03- Officiating a sporting activity</b> Perform as an official showing understanding of applying rules and regulations to activity, importance of consistency /accuracy, use of signals and communicate decisions and importance of positioning . <b>R051- Contemporary issues in sport- L03- Understand the importance of hosting major sporting events</b> Develop knowledge of:- Features of major sporting events: Regularity/scheduling – international Element – investment- potential legacy- benefits and drawbacks of hosting	<b>R052-</b> L01- Badminton practical assessment L02- Basketball practical assessment L03- Badminton Umpiring assessment L04- Coursework entry
4	<b>R051- Contemporary issues in sport- L04- Role of NGB's in sport</b> Develop knowledge of what NGB's do looking at the promotion, development, infrastructure, policies, initiatives, funding and support	Practical assessment will include witness statement students learning log, peer and self-assessment
5	<b>R051- Contemporary issues in sport-</b> Revision, exam preparation	
6	<b>Practical lessons- R052- L04- Be able to apply practice methods to support improvement in a sporting activity-</b> Coursework unit to develop understanding of how to identify areas of improvement and methods to improve their own performance	

**Homework**

- Homework set once a week
- Research tasks, worksheets, practice exam questions, knowledge organisers, presentations
- Take part in school sports competitively
- Join clubs in the community and/or use local facilities
- Watch live and recorded matches, to appreciate high-quality performance
- Keeping up to date with sporting news BBC sports app, Sky sport app

**Useful Resources**

<https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-|803-|813>  
[www.skysports.com](http://www.skysports.com)  
[www.bbcsports.com](http://www.bbcsports.com)

**Who to Contact**

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