moxi

Pre-Treatment Guidelines:

You should have limited sun exposure of the treated area nor have a spray tan for 4 weeks prior to your Moxi.

What to expect:

- 1. The Moxi feels like a mini lawn-mover going over your face many times.
- 2. Immediately afterwards it feels like a sunburn. You will not want to go into direct sunlight at all for several days. Staying in the shade, wearing a wide-brimmed hat, and sunblock is perfect.
- 3. The next morning your face will feel slightly swollen and looks like a "an uneven spray tan" and quite red for at least 3-5 days. Then you will notice tiny brow specks all over your face that have a texture to them. Do not try and remove/exfoliate them on your own. Let it fade naturally.
- 4. You are encouraged to moisturize a lot and apply sunblock. You may apply makeup if you need to. (Refer to post care instructions)
- There is a good chance when you leave your hairline will be wet or sticky from gel or numbing. In other words, do not waste your time or money on an expensive blowout right before the Moxi.

If you have a history of herpes simplex (cold sores) of your face, please inform your dermatologist before to your procedure so we can prescribe an oral anti-viral pill to prevent a outbreak.

At home instructions:

You need to do the following 45 minutes to one hour before your procedure:

- 1. Wash your face including removal of eye makeup.
- 2. Apply headband which is included in your bag.
- 3. Apply the numbing cream included in your bag evenly to your face with your fingertips AT HOME in the mirror. Be sure to include your hairline, skin below your eyebrows, and skin up to your lips. Leave this on and it will be removed at your appointment. You do not need to apply it to your upper eyelids but you may apply it to the bone just under your eyebrow. Make sure to apply the cream to your jawbone and just underneath it. It is normal for your lips to feel a little numb. Make sure to wash your fingertips well or else they will be numb too. Try to apply all of the cream in the small jar.
- 4. If you have chosen to have Moxi to your neck and chest make sure to apply it there too.