



# SPA TREATMENTS

## FULLBODY MASSAGE

**60 min (R1 100)**

**90 min (R1 300)**

Celebrate your life with a deeply connecting Swedish massage with the precious oils of the sacred Marula tree combined with Ylang Ylang and melissa to create a feeling of wellbeing.

## BACK MASSAGE

**30 min (R600)**

**45 min (R900)**

This treatment uses classic massage techniques such as swedish to relax the body and mind, reduce tension in muscles of the back, neck and shoulders.

## ROSEHIP FACE + SCALP


**30 min (R700)**

Using the Rosehip Serum which deeply nourishes the skin promoting new cell growth by stimulating the skin's renewal process to the face and finishes off with a scalp massage which increases hair thickness by stretching the cells of hair follicles.

## HAND MASSAGE

**30 min (R 550)**

The ultimate hand ritual. Your hands are massaged with African Potato Balm and you will feel totally relaxed as it penetrates into your skin leaving your hands feeling totally invigorated.





## FOOT MASSAGE

**30 min (R 550)**

Celebrate your feet with this wonderful luxurious massage for travel tired feet and aching muscles. Unwind and relieve the ache and tension by a tension releasing, deep and draining massage finishing off with a grape detox foot gel.

## SPORTS MASSAGE

**60 min (R1 400)**

**90 min (R2 000)**

A deep tissue full body massage using our rich and hydrating eucalyptus oil and muscle melt relaxing gel at the end for stubborn tension. Our massage techniques and stretches allow mind, body and soul balance.

## AROMATHERAPY

**90 min (R1 750)**

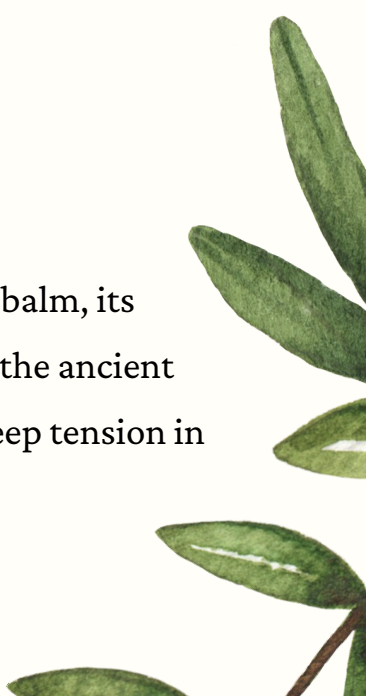
A blissful aromatherapy massage using our powerful indigenous phyto oils tailored to your individual needs to leave you feeling glowing, relaxed and hydrated. Treatment is amplified with muscle melt relaxing gel

## HOT STONE MASSAGE

**60 min (R1 600)**

**90 (R2 000)**

Start your journey with a full body massage using Stillness relax balm, its properties of Jasmine will guide you to a relaxed state whilst using the ancient rocks and heat therapy to increase blood circulation and to release deep tension in your muscles.





## AFRICAN RUNGU

**60 min (R1 500)**

**90 min (R1 700)**

A full body luxurious treatment to repair and heal skin on a deep cellular level, using the African Potato balm to treat all skin ailments from eczema, rough skin, painful skin, dry and damaged skin repairing skin and restoring healthy skin barrier while the rungu deep pressure tool that uses long strokes with the aim on relaxation and stress relief, reducing pains and aches as well as stimulating lymph drainage and muscle toning.

## HEALING EARTH FACIAL

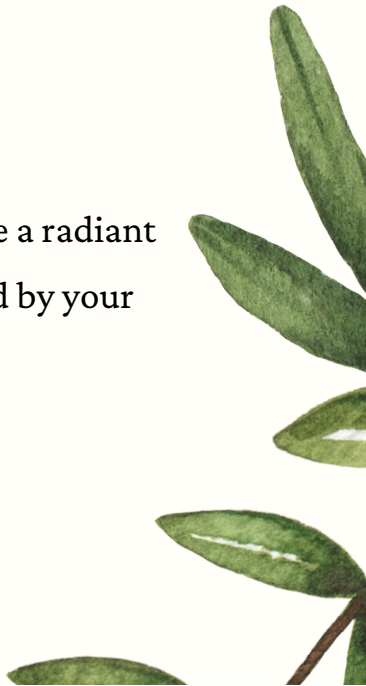
**60 min (R1 250)**

Extracts of Neroli and precious Rose replenish and decongest to balance and clear skin leaving it cleansed, cleared, hydrated and flawless, its excellency is for tired dehydrated skin needing a special boost to even out texture, create a vibrant glow and combat aging.

## HEALING EARTH MINI FACIAL

**30 min (R 700)**

Your skin tells us a beautiful tale. Short of time but still want to create a radiant healthy complexion? Our targeted express facial will be customized by your skilled therapist to create instant restoration.





## ADD ON TO YOUR TREATMENT

### BACK EXFOLIATION

**15 mins (R450)**

Using the Mongongo nut body exfoliator which consists of walnut shell powder and grape seed granules to gently exfoliate the skin while the stimulating essences of fennel, black pepper and echinacea purify and detoxify the skin.

### BACK MASK

**30 min (R550)**

This amazing treatment consists of a double cleaner, exfoliation and mask, using the Pinotage Hydrating Repair mask which assists in absorbing toxins and excess oil from the skin without removing vital moisture. Combine it with any of our vigorous massages and you're ready to tackle the day!

### FULL BODY EXFOLIATION

**30 min (R750)**

Using the Mongongo nut body exfoliator which consists of walnut shell powder and grape seed granules to gently exfoliate the skin while the stimulating essences of fennel, black pepper and echinacea purify and detoxify the skin.

FOR BOOKINGS OR OTHER INQUIRIES,  
PLEASE EMAIL [HELLO@SIVITI.COM](mailto:HELLO@SIVITI.COM)

