

AT ANY SIGN OF STROKE — CALL 111 —

F

FACE

DROOPING
ON ONE SIDE



A

ARM

WEAKNESS
ON ONE SIDE



S

SPEECH

MIXED UP,
SLURRED OR
LOST



T

**TAKE
ACTION**

— **CALL 111** —
IMMEDIATELY



*At any sign, act **FAST** and give someone
the best chance of recovery.*

A STROKE IS A BRAIN ATTACK.

Each year about 9,000 people in New Zealand have a stroke. When someone has a stroke the blood flow to part of their brain is cut off.

A stroke can happen to anyone at any time – it could be someone you know or the person next to you. They could be younger than you expect.

KNOW THE SIGNS OF STROKE. THINK FAST.



FACE

Is their face drooping on one side?
Can they smile?



ARM

Is one arm weak? Can they raise both arms?



SPEECH

Is their speech jumbled or slurred?
Can they speak at all?



TAKE ACTION

Take action.
CALL 111.

CALL 111 IMMEDIATELY. A STROKE IS ALWAYS A MEDICAL EMERGENCY.

Acting FAST can save lives and give people the best chance of recovery.