



**University Hospitals
Bristol and Weston**
NHS Foundation Trust

Patient information service
Bristol Royal Hospital for Children

Paediatric Cardiology Surgery Pre Assessment Leaflet (QR codes)



The Cardiac Nurse Specialist

The Cardiac Nurse Specialists are a dedicated team of experienced nurses who work as part of a wider multidisciplinary team to provide ongoing support to children and their families with a heart condition. Scan the QR code for more information.



Recommended for you

Welcome to Dolphin Ward

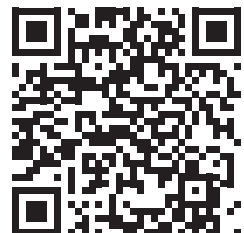
For information about Dolphin Ward (E600), please scan the QR code.



Recommended for you

Psychology services for paediatric cardiology

This leaflet provides information about the Psychology services available to you.



Recommended for you

Preparing for heart surgery

This leaflet gives you more information about what to expect if your child requires surgery for a heart condition.

Recommended for you



Mycobacterium chimaera infection

If you, your child or the person you care for has had open heart surgery or a heart or lung transplant since January 2013, there is a small risk that you may have been infected with a bacteria called mycobacterium chimaera. For more information about this infection, please scan the QR code.

Recommended for you



Discharge advice following cardiac surgery

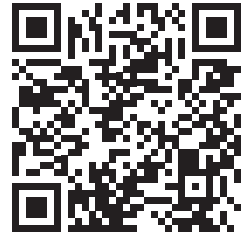
This information booklet will provide you with the important information you will need before taking your child home after cardiac surgery.

Recommended for you



Welcome to Seahorse Paediatric Intensive Care Unit

Following surgery your child will need to spend some time on our PICU ward. We understand this can be a stressful and anxious time, please take the time to read through this leaflet to give you an insight of what to expect while on the ward.



Recommended for you

Endocarditis

Children with some congenital heart defects are at higher risk of this infection. Please read the leaflet for more information.



Recommended for you

Healthy teeth make a safer heart

For information about how keeping your child's teeth healthy can help their heart please read through this leaflet.



Recommended for you

How do I manage anxiety and worry

This leaflet is designed to provide you with information about some of the symptoms of anxiety and worry and also provide some techniques that you can use to help you reduce these symptoms.



Recommended for you

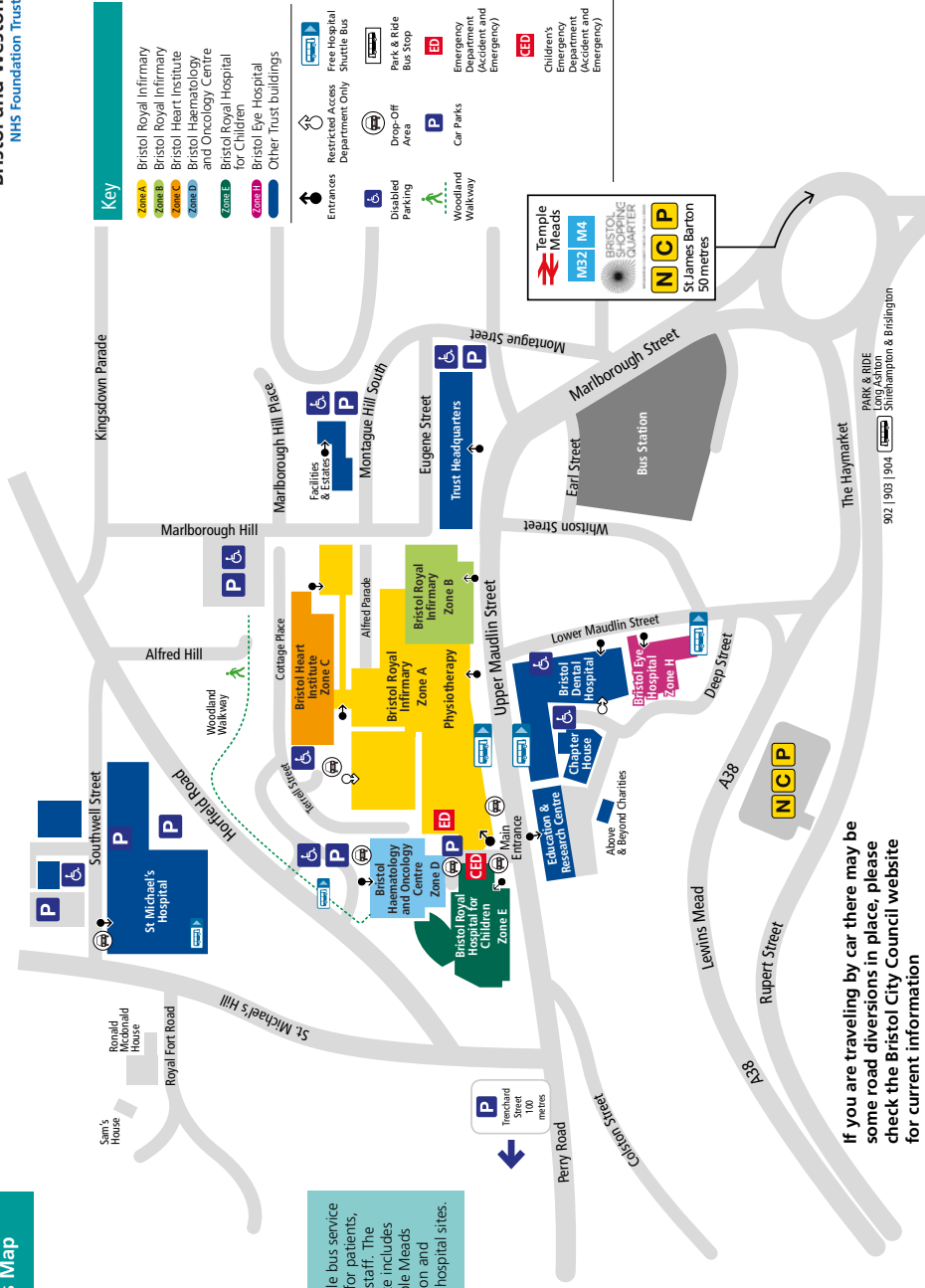
Paediatric Cardiac Surgery Enhanced Recovery Program

If your child has been selected for the Enhanced Recovery Program (ERP) this leaflet will help explain what it is and what it involves.



Recommended for you

Bristol City Centre Hospitals Map



If you are traveling by car there may be some road diversions in place, please check the Bristol City Council website for current information

As well as providing clinical care, our Trust has an important role in research. This allows us to discover new and improved ways of treating patients.

While under our care, you may be invited to take part in research. To find out more please visit: www.uhbw.nhs.uk

Help us prevent the spread of infection in hospital. Please make sure your hands are clean. Wash and dry them thoroughly/use the gel provided. If you have been unwell in the last 48 hours please consider whether your visit is essential.

Smoking is the primary cause of preventable illness and premature death. For support in stopping smoking contact **NHS Smokefree on 0300 123 1044.**

Drinkline is the national alcohol helpline. If you're worried about your own or someone else's drinking, you can call this free helpline in complete confidence. **Drinkline on 0300 123 1110.**

To access all patient leaflets and information please go to the following address:
<http://foi.avon.nhs.uk/>

Bristol switchboard: 0117 923 0000
Weston switchboard: 01934 636 363
www.uhbw.nhs.uk



For an interpreter or signer please contact the telephone number on your appointment letter.



For this leaflet in large print or PDF format, please email patientleaflets@uhbw.nhs.uk.

