813-951-7346 • Email: erin@therapycts.com • www.TherapyCTS.com • www.Neurolease.com

## Psychotherapist \* Behavioral Analyst \* Expert Witness Founder Neurolease<sup>®</sup> \* Community Education Speaker

Dynamic and empathic professional, offering a solid commitment to the needs and goals of clients. Highly credentialed; holds a Master of Social Work degree, Board Certified Behavior Analyst credential, Adoption Competent training, and Eye Movement Desensitization Levels training. Dedicated to contributing to the lives of others and influencing change; fosters relationships to support growth and develops customized plans which meet client requirements. Creates multidisciplinary approaches to improve outcomes. Offers 25+ years of industry experience.

Adoption | Trauma | Mood Disorders | Forensics | Workplace Stressors Relationship Stressors, including Infidelity | Parenting | Behavioral Changes

# PROFESSIONAL EXPERIENCE

| Psychotherapist / Behavior Analyst - Owner | 2006 - Present |
|--|----------------|
| Collaborative Therapeutic Services, LLC    | Tampa, Florida |

Launched and direct the operations of the mental health practice which expanded to 2 locations throughout the Tampa Bay area; lead talent acquisition initiatives, spearhead strategic marketing campaigns, deliver expert-level client services and support, manage the financial / administrative tasks, and ensures compliance.

- Founder of Neurolease<sup>®</sup>, a cutting-edge treatment focused on resetting the sympathetic nervous system after chronic stress or trauma. Specializes in first responders and clients with chronic mental health issues. Develops and provides training in the modality to clinicians
- Expert witness and consultant to legal teams ranging from private, state appellate and federal
- Community education speaker
- Deliver psychotherapy to individuals, couples, and families with an emphasis on Asperger's, ADHD, mood disorders, oppositional defiance / disruptive behavior, foster / adoption issues, and trauma informed care; develop multi-disciplinary treatment plans to support client needs
- Fosters partnerships with organizations throughout the community to organize resources for clients
- Provide influential leadership, coaching, and mentorship to 6 staff and facilitate new training programs to maximize the potential of teams; fosters a positive environment and increases retention

| School Social Worker             | 1997 - 2013    |
|----------------------------------|----------------|
| Hillsborough County School Board | Tampa, Florida |
|                                  |                |

Served as an instrumental member of the Truancy Intake Center; worked closely with school-aged truant students, assessed psychosocial factors contributing to behaviors, and coordinated resources / interventions in collaboration with school Principals. Communicated with parents to provide recommendations or referrals.

- Provided in-school counseling and social support; gathered social development histories, presented recommendations for all potential and existing exceptional education studies, and delivered training
- Developed and implemented attendance incentive programs to improve the behavior / attendance of truant students; stimulated student interests in education and increase student engagement rates

| Therapeutic Foster Parent | 2001 - 2005    |
|---------------------------|----------------|
| Hillsborough Kids, Inc.   | Tampa, Florida |

Intensive behavioral management with adolescents presenting a wide range of mental health issues; cared for up to 3 adolescents at a time as a single therapeutic foster parent. Balanced the needs of the adolescents and provided ongoing support, counseling, and guidance to increase self-confidence, interests, academic performance, and social strengths.

- Incorporated service dogs through Kids and Canines, horseback riding, and volunteerism to provide therapeutic assistance to the adolescents, coordinated resources and referrals within the community
- Fostered a supportive, caring, trusting, and positive environment and strengthened overall abilities.

### VOLUNTEERISM AND COMMUNITY AFFILIATIONS

- Site Co-Director and Public Relations, Global Education for the 21<sup>st</sup> Century, Jamaica (1998-2003)
- Field Evaluator / Puppy Sitter / Raiser, Kids and Canines Service Dog Training Program (1998-2010)
- Bakas Equestrian Center: Horses for the Handicapped

## EDUCATION AND CREDENTIALS

Master of Social Work degree – Advanced Standing Fordham University – Master's (MSW) completed Bachelor of Science in Social Work and Psychology College of New Rochelle – BS degree completed

#### **Professional Certifications / Training:**

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- Licensed Clinical Social Worker (LCSW), State of Florida #SW7870 (2004)
- Licensed Independent Clinical Social Worker, State of Massachusetts, LICSW111904 (2004, inactive)
- Licensed Clinical Social Worker, State of New York #048551 (1994, inactive)
- Board Certified Behavior Analyst (BCBA) 1-10-7638, (2010)
- Board Certified Associate Behavior Analyst (BCaBA) 0-07-2257 (2007, now advanced to BCBA)
- Board 491 Qualified Supervisor (2009)
- Professional Educators Certificate, State of Florida #785820
- Adoption Competency for Professionals Working with Children in Foster Care
  - Gottman Method Couple Therapy Trained Level I and II (2014)
    - Gottman-Treating Affairs and Trauma (2016)
- Eye Movement Desensitization Reprocessing (EMDR) Training, Levels I & II (2016)
  - EMDR- Integrative Attachment Trauma Protocol for Children (2016)
- Firefighter Culture Clinician Awareness Program, Miami Dade County, Florida (2019)
- Certified Clinical Trauma Professional #594591 (2023)
- Emergency Responder and Public Safety Certified Clinician #2quadfkp1m (2024)

#### **Professional Affiliations and Memberships**

- National Association of Social Workers of Florida, Member through 2017
- National Association of Divorce Professionals, (2017, inactive)

### PRESENTATIONS

| August 2008 | Why Behavior Occurs and What to do about it!            |
|-------------|---|
|             | Sylvia Thomas Center for Pre and Post Adoptive Families |

May 2010 Effectively Redirecting Explosive/ Inflexible Children and Adolescents

|               | Co-Presenter, NASW Chapter Meeting, Tampa FL<br>3 Hours, CEU's  |
|---------------|---|
| June 2010     | <i>Effectively Redirecting Explosive / Inflexible Children and Adolescents</i><br>Co-Presenter, NASW Annual Conference, Ft. Lauderdale FL<br>3 Hours, CEU's   |
| Nov. 2010     | <ul> <li>The 4 Functions of Behavior: Why it Pays to Misbehave</li> <li>University of South Florida Social Work Students, Professor Marjorie Carlson</li> <li>1.5 Hours, and;</li> <li>2 Part series to faculty at Mary Bryant Elementary School, Tampa FL</li> <li>2 Hours In-service</li> </ul> |
| June 2011     | <i>The 4 Functions of Behavior: Why Behavior Occurs and How to Elicit Change</i><br>Presenter NASW Annual Conference, Tampa FL<br>3 Hours, CEU's  |
| April 2016    | Why Behavior Occurs and How to Elicit Change, Substance Abuse Focus<br>Presenter, EAP Behavioral Health Network of Florida, Annual Conference, Melbourne FL<br>2 Hours, CEU's   |
| 2017-2020     | EAP Trainer on multiple topics for New Directions Behavioral Health   |
| February 2020 | Recovery Village / Advanced Recovery Systems<br>Community Education Speaker, Neurolease®<br>CEU's   |