

K-8 Lunch OVS Tray Options

Meat/Meat Alternate	Grain	Vegetable	Fruit	Milk
✓	✓	✓ (½ cup)		
✓	✓		✓ (½ cup)	
✓		✓ (½ cup)	✓ (½ cup)	
✓			✓ (½ cup)	✓
		✓ (½ cup)		✓
	✓	✓ (½ cup)	✓ (½ cup)	
	✓	✓ (½ cup)		✓
	✓		✓ (½ cup)	✓
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	✓	✓ (½ cup)		✓
	✓		✓ (½ cup)	✓
		✓ (½ cup)	✓ (½ cup)	✓

