



# Ursula Mentjes

*Bestselling Author, CEO,  
Business Strategist/Coach and Mom!*

## ABOUT URSULA MENTJES...

Ursula Mentjes is a leading expert on success and business growth and a USA Today bestselling author of UpLevel NOW and five other non-fiction books. She is a business strategist and coach who works with entrepreneurs to double their monthly revenue in as little as 30 days while working less! She is also a keynote speaker and certified as an NLP (Neuro Linguistic Programming) Coach through the NLP Institute of California and helps her clients release the limiting beliefs and blocks that hold them back from their greatest success. Her podcast, Quantum Revenue Expansion, is in the top 2.5% of podcasts worldwide and can be found wherever you listen. Ursula has been named the SBA's Women in Business Champion and received the Lifetime Achievement Award from the President of the United States of America for volunteerism. Ursula spends her free time traveling with her husband Tim, son Lucca and she can often be found cheering enthusiastically from the bleachers while watching Lucca play baseball.

AS SEEN ON



#1 INTERNATIONAL  
BESTSELLER  
**amazon**



**INSC**  
DIGITAL MAGAZINE



## SUGGESTED QUESTIONS:

1. Why did you write UpLevel NOW?
2. What's the #1 secret to goal setting that most people don't know?
3. How do limiting beliefs block us from growing our business AND is there an easy way to change a limiting belief?
4. Is it still possible to grow and scale your business in a difficult economy?
5. Why is being in your comfort zone your danger zone?
6. How can a coach help a CEO grow their business?
7. What's the #1 secret you wish all entrepreneurs knew about scaling their business?
8. What lights you up most about the work you do?

CONTACT ME!

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