



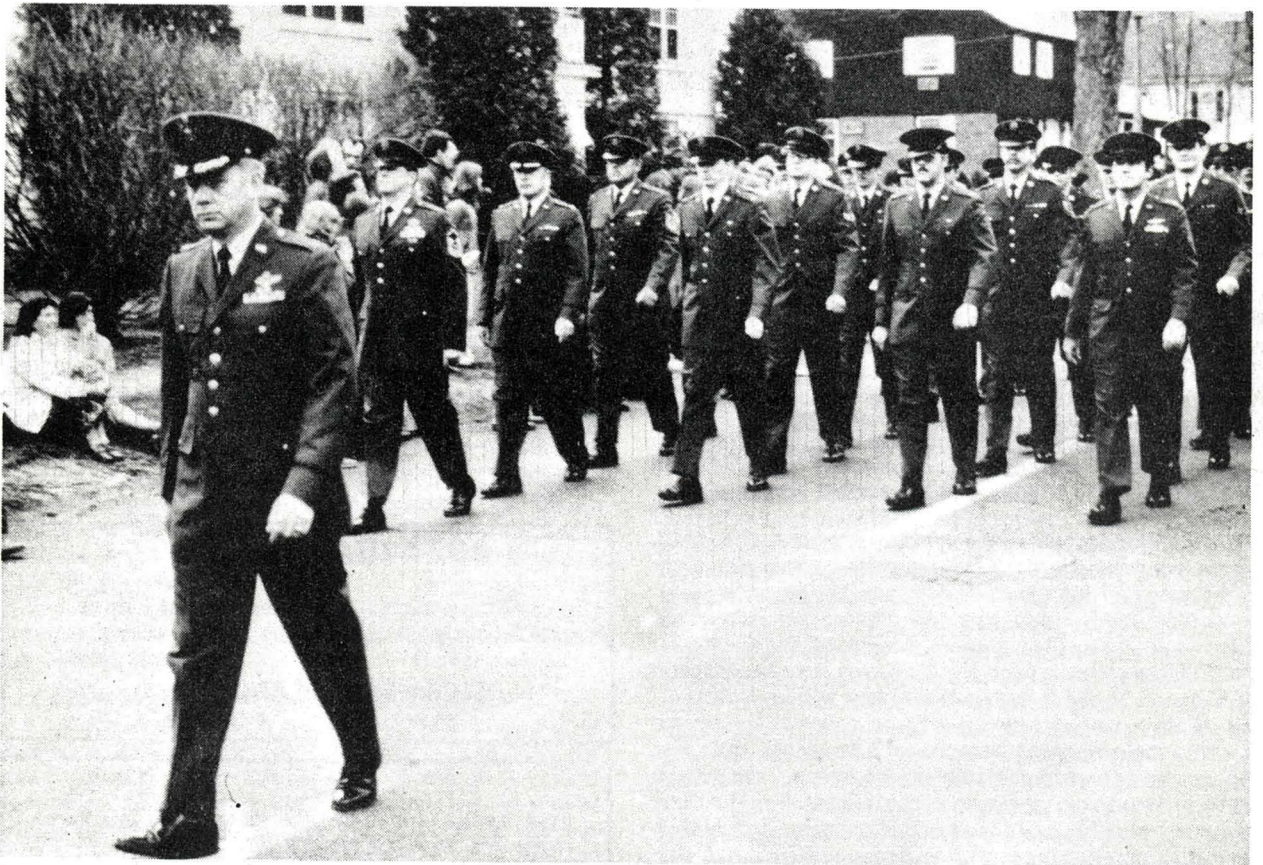
# THE PATRIOT



439TH TACTICAL AIRLIFT WING  
WESTOVER AIR FORCE BASE, MASSACHUSETTS

Vol. II, No. 4

May, 1975

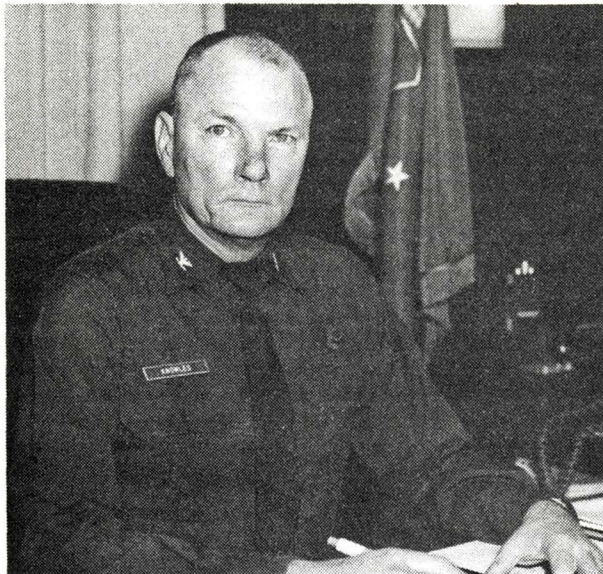


**IT ALL STARTED HERE** as America's April 19th Bicentennial birthday party began on an auspicious note. Over 6,000 marchers wound their way through Concord (Mass.) to historic North Bridge. Their progress was greeted by 125,000 well-wishers including President Gerald Ford.

The success of the American Revolution was primarily due to the activities of the colonies' citizen-soldiers. 200 years later, their twentieth century counterparts, reservists from all service branches, again played an integral part in the day's events. The Air Force Reserve and Westover AFB were well represented by a contingent of 439th and 1917 Comm. Sq. personnel, shown here as they were led by Lt. Col. Jack P. Ferguson, 439 CSG commander. Not pictured is the 4-man color guard from the 439 recruiting office which preceded the marching troops.



## Wing Commander's Message



By Col. Billy M. Knowles

**HAPPY ANNIVERSARY.** In addition to commemoration of Armed Forces Day on May 17 during our May UTA, we are also cognizant of the passage of two significant milestones; the first birthday of the youngest wing in the Air Force Reserve, the composite 439th Tactical Airlift Wing, and the first birthday of Westover AFB as a reserve-managed installation. To you who have contributed so much to the successes of the past year, congratulations.

Not for the purposes of celebrating those memorable events, we will be hosting two separate inspection teams on those same UTA dates, May 17 and 18. One such team is the TAC/MAC Standardization Evaluation Inspection of flying activities. The other is a much larger and more comprehensive team from Hq Air Force Reserve Inspector General. In the latter case all units will be looked at and of very special interest will be how we appear in general; housekeeping, training, how busy, military appearance/grooming/discipline/courtesy, etc. As a result of several inspections over the past five months, this wing and its units are establishing a formidable reputation throughout Eastern Region, AFRES and the TAC/MAC Commands as tough, competent and self-disciplined. Let's perpetuate that image this weekend.

### Special Note:

The Chicopee Chapter of the Air Force Association sponsored the recognition of the Outstanding Junior Officer and the Outstanding Airman of the Year during their annual awards banquet at the Westover Consolidated Open Mess on April 23. On that occasion, individual plaques were presented to Capt. Ronald T. Frederickson, 905 CAM, and to MSgt. Albert R. Breton, 905 MOBSFLT. Both of these recipients were selected from among and by their own contemporaries and are to be congratulated.

## ARE WE BUSY?

**ARE WE BUSY? YOU'D BETTER BELIEVE IT.** Look at this sked for the next 10 days:

- May 10 — CAP N.E. senior advisors meeting at COM.
- May 10-11 — CAP bivouac on base
- May 12-19 — AFRES civil engineering team (facility utilization analysis)
- May 13-16 — Skid School (Security Police)
- May 15 — Colonels Knowles and Ferguson — Radio Station WACE, 11:30 a.m.
- May 16-22 — AFRES IG team on board
- May 17 — Armed Forces Day — Open House
- May 17 — Stan/Eval team from 9AF
- May 17-18 — UTA
- May 20 — 439th hosts Chicopee Chamber of Commerce monthly breakfast and then ....
- May 26 — Base Commander is guest speaker at Holyoke Memorial Day exercises.
- 1917 CS supports Raytheon Corp. radar tests at Westover.

\* \* \*

(AFNS) During 1974, Air Force Reserve tactical airlift units contributed 41,178 productive flying hours to Air Force requirements as byproducts of normal training. Reserve aircraft airlifted 75,219 passengers and 8,212 tons of cargo and, in addition, paraded 34,277 U.S. Army troops from Air Force Reserve aircraft.

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(AFRNS) The Community College of the Air Force (CCAF) has extended eligibility in its study programs to all enlisted members of the Selected Reserve. Selected Reservists include those airmen who are serving in AFRES units, or as mobilization augmentees. The CCAF curricula are modeled on a two-year junior and community college associate degree programs.

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### 1975 UTA SCHEDULE

May 17, 18	September 13, 14
June 14, 15	October 18, 19
July 12, 13	November 8, 9
August 9, 10	December 13, 14

### SUMMER ENCAMPMENT

20 September . . 4 October

THE PATRIOT is an Official Class II U.S. Air Force newspaper published monthly for the personnel of the 439th Tactical Airlift Wing (AFRES) at Westover AFB, MA 01022. Opinions expressed herein do not necessarily represent those of the U.S. Air Force.

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# James Boudreau: Man With A Mission

On April 21, a starter's pistol broke the mid day calm with a thundering clap. Instantaneously, countless rows of long distance runners, representing nations covering the globe, began the 26 mile, 385 yard ordeal from Hopkinton to Boston. The 79th annual Boston Athletic Association Marathon was underway. The course took them through Framingham and Newton, over famed Heartbreak Hill and then to the Prudential Center finish line.

Of the 2,392 official entries, and numerous unofficial contestants, many were unable to finish the grueling journey. To most, however, the successful completion was not as important as the chance and honor to participate in one of America's most prestigious track events.

For one such individual, in particular, the opportunity to officially compete in the Boston Marathon was the culmination of five years of planning, dreaming, dedicated hard work and perseverance. When he is not in training and in the uniform of a runner, on weekends James Boudreau wears the uniform of the U.S. Air Force. He is assigned to Westover's Dining Hall and is a technical sergeant with the 439th CSG.

## AFRES INSPIRED

Sergeant Boudreau's interest and enthusiasm in jogging began in 1970, when he was recreation director for the 901st TAG in Hanscom Field. "Although I've always been active in various sports programs, because of the Air Force's Aerobics requirements I became very interested in jogging," says Sergeant Boudreau. "Since then I have been running about 30 to 40 miles every week — in all kinds of weather."

He recently competed in the Silver Lake Marathon. Over 260 runners attempted the Hopkinton to Newton course. By finishing, he officially qualified for the famous Patriot's Day event.

Much of Sergeant Boudreau's spare time involves activities designed to keep him in top physical shape. He is a member of the Cambridge Sports Union and the North Medford Track Club. He is also a pitcher in Newton's Fast Pitch League.

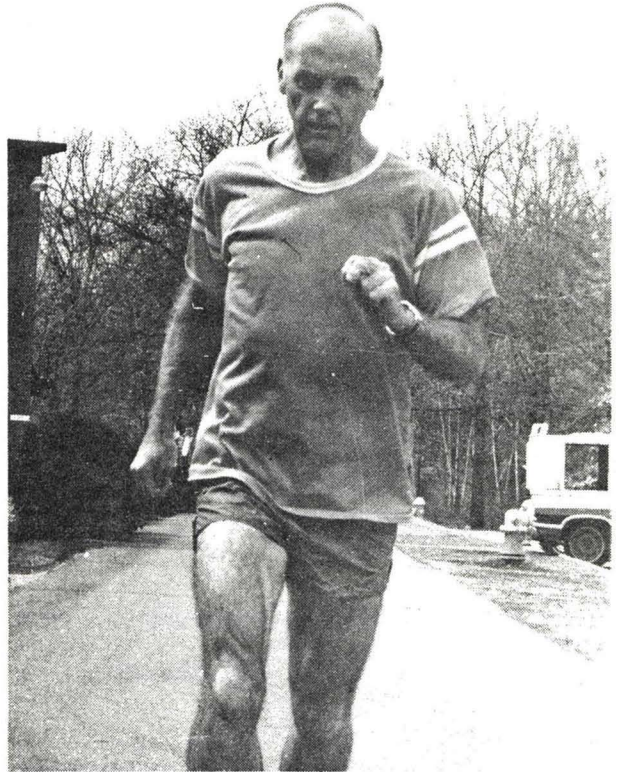
He is married, the father of seven children and recently became the assessment reviewer in Waltham's (Mass.) Assessor's Department.

## IMPROVED MENTAL, PHYSICAL HEALTH

While the many blisters on his feet testify to the agony of countless miles, Sergeant Boudreau feels that the steady jogging regime has been well worth all the effort and pain. "My mental state of mind has improved tremendously. Running allows me to work off nervous tension and relax," he reports. "Many joggers feel the same way I do. After a while you get used to the sore feet and aching muscles. Instead, you just concentrate on crossing that finish line. I usually enter a race every Sunday because I love the chance to compete and knowing that I was able to finish the course. I don't know of any sport which offers someone such a strong feeling of confidence and accomplishment."

Sergeant Boudreau also claims that his former high blood pressure now equals that of an 18 year old. Also, his pulse now beats a steady 42 per minute rather than the normal 70.

This commitment to the sport was evidenced by his self-imposed training program prior to the marathon. For



the previous month, Sergeant Boudreau doubled his weekly running output to 70 miles. During the final week his schedule included a ten-mile race in Wellesley on Sunday, a 20-mile work-out on Monday and another 10 miles on Tuesday. The following day he ran five miles for speed and rested on Thursday and Friday. A five-mile walk on Saturday kept muscles loose. Another rest day was planned for Sunday before the long-awaited event on Monday.

The 1975 Boston Marathon is now history. Newspaper headlines and television crews extolled those who first crossed the tape with unabashed accounts of heroic glory. Welcoming speeches of praise befitting this year's bicentennial running were also readily available.

Jim Boudreau, however, did not receive any of those rewards. The smiling politicians and cheering crowds had long disappeared by the time he crossed the finish line four hours and nine minutes later. Like the others who had completed the course, he too traveled the same distance. Only their times were different. Yet they shared the same immense pride and self-satisfaction in their mighty accomplishment.

There are other reasons to applaud Boudreau's attainment — reasons that only a few of the other runners could also claim. One could only speculate as to how many of his fellow contestants have had 53 birthdays and have celebrated 27 years of marriage. While most began their training while still in public school, Sergeant Boudreau began his running career at the ripe old age of 49.

Maybe that's why his effort should be viewed as a victory of even greater magnitude than those who received the media coverage and congratulations. Perhaps that's why, in the Boston Marathon, there are no losers-only winners. Jim Boudreau is one such individual.



## The Way to A Man's (And Woman's Heart)

Their day begins at 4:45 a.m. Often, it doesn't end until 7:00 that night. Then it begins all over again the following morning. Within this period, Westover's dining hall personnel will spend over 20 hours efficiently preparing and serving over 1,600 meals during five meal periods. Their task is not easy or uncomplicated. With the completion of Sunday dinner, among other items, reservists will have routinely consumed over 3,200 half pints of milk, 250 loaves of bread, 500 pounds of vegetables, and 750 pounds of meat.

In order to insure that the proper foods and correct amounts are available, menus are planned and ordered two months in advance by TSgt. Jon Tracey, a dining hall supervisor. On the Thursday before each UTA, he brings the requisitioned supplies from Hanscom AFB to Westover and begins the two-day meal preparation.

On Friday afternoon, the dining hall's three bakers arrive. By 11:00 p.m. TSgt. Charles Walker, SSgt. Francis Duval and Sgt. Benny Amelio have put the finishing touches on all the freshly baked cookies, cakes, brownies and pies needed for the entire weekend.

The behind the scenes activity drastically picks up on Saturday morning. Before sunrise, the first of two shifts of cooks has reported in and begun preparing both the breakfast and noon meals.

Maintaining the proper schedule for cooking is essential for on-time meal delivery. The large roast beefs, for example, destined for the 11:30 a.m. menu, must be in the oven by 5 o'clock that morning.

### A Divided Work Force

The two shift concept splits the cooks into two equal forces. Shift A includes Sgt. George J. Higgins, Shift Leader, Sgts. Stephen J. Cimma, Wilfred J. Lacas, Jr., Wayne M. Martin, Charles H. Narault, Jr., and William A. White, and AIC Michael J. Burke.

On Saturdays, the groups alternate reporting for the early shift. During the busy noon period, both sections are available. The evening duties are completed by the second shift, headed by Sgt. Ronald C. Perrault, and include Sgts. Robert H. Cutter, Michael J. Fitzgerald, Roger J. Payette, George A. Perrault, Jr., John P. Plentus and Donald W. Smith, and AIC James V. Biuso, Jr.

The cooks share responsibility for all functions within the kitchen. Their rotating duties include cooking, food and salad preparation and serving assignments.

Overall responsibility is held by SMSgt. Francis Babin, food service superintendent. In addition to Sergeant Tracey, dining hall supervisors are MSgts. John Flavnicky and Charles "Jake" Jakaitis. The former maintains the head count and its related paper work and administers the OJT functions. Sergeant Jakaitis coordinates the cooks' functions and insures that the inflight lunches are prepared and delivered. Weekends requiring up to 200 of the prepackaged meals are not uncommon.

### Preparing for the Future

While the challenges of a ten percent per month increase of reservists using the facility have been successfully met, the dining hall personnel have not been

content to rely on past performance and present equipment.

In addition to the existing ovens, steam kettles and steamers, orders for new equipment have already been placed. A new range will provide the cooks more leeway in their food preparation and keep items warm; a steamer, capable of cooking 120 pounds of vegetables at a time; a new toaster which can handle 450 slices of bread an hour; additional ovens for the bakers; and a 70-pound deep fat fryer will all make for more enjoyable working conditions and dining experiences.

Perhaps the most exciting plans concern the necessary evil — K.P. Bids from private contractors are in the negotiation stages. When the plans are implemented in the near future, civilian help will be responsible for cleaning the facility before and after every UTA and for all K.P. chores during the weekend.

"Our goal is to make Westover's dining facility the best in the Air Force Reserve, but that's going to take time and continued hard work," according to Sergeant Babin. "We have only been operating as a combined mess for the past seven months and are working in a building designed to handle only 350 people an hour. Opening the second serving line and the purchase of new trays and utensils have greatly reduced the waiting lines during the busy periods. We hope to show our appreciation for everyone's patience and understanding with continued improved selections in refurbished and newly redecorated surroundings."

There are no full-time ARTs or civilians assigned to the dining hall during the month. All work, therefore, is accomplished during a four day span once a month. Interestingly, none of the assigned cooks, bakers or administrators have similar civilian jobs.

Partially through their efforts and expertise, it costs Uncle Sam only \$2.74 to feed an individual per day.

Although their jobs are characterized by long hours and demanding work, military cooks and bakers seldom receive their full share of formal recognition. Rather, the gratitude and thanks of all those who partake in the dietary creations are evidenced by the long lines of contented repeat customers. Truly, Westover's dining hall personnel have proved: "The way to a man's, and woman's, heart is through his or her stomach."

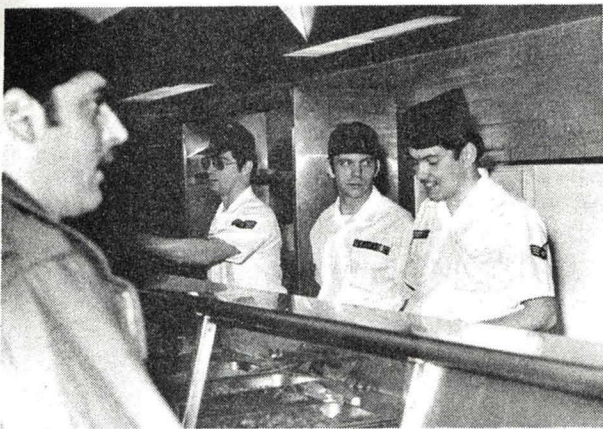
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439th Commander Billy M. Knowles has been appointed to the MAC Air Reserve Forces Policy Council. The council is composed of 15 members, five each from the Air National Guard, the Air Force Reserve and the Regular Air Force. The council, which meets twice a year, considers all major policy matters that are referred to them which directly affect the ANG and the AFRES.

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(AFNS) The Air Force has received the first of an improved version of the C-130 Hercules. The new C-130H has many improvements over older versions of the Hercules. The C-130H contains more powerful Allison propjet engines, a new air-conditioning system, and an auxiliary power unit that may be used in flight.

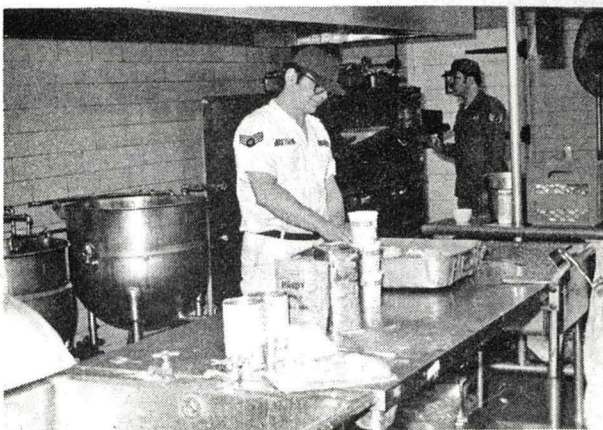




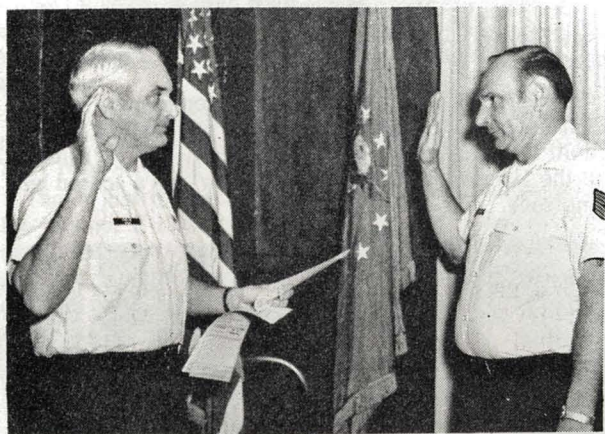
**DISHING IT OUT** to a seemingly endless line of empty trays and hungry reservists are servers Sgt. Steve Cima, A1C Jay Biuso and Sgt. John Plentus.



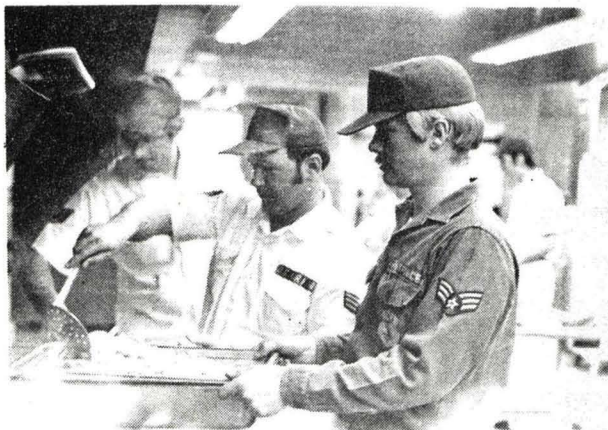
**WESTOVER'S OWN "french frying legionnaires"** include (left to right) SSgt. Ronald Perrault, Sgt. Wilfred Lacas and Sgt. Wayne Martin.



**DINING HALL COOKS** must be able to perform a wide variety of functions. Sgt. William White, Sgt. Roger Payette and SSgt. James Buell are three such jacks-of-all trades.



**MAC ADVISORS' OFFICE** for Westover boasts as MSgt. Samuel M. Roberts signs on for three more, giving that office a 100% reenlistment rate. Shown administering the oath to the only airman assigned to LNMA is Lt. Col. Roger D. Haneline.



**JOINING THE DISTINGUISHED 2,000 Hour Club** are (left to right) Capts. Dante Mazzochi, Edward Custer and David Crowther. The flying hours awards were presented to the C-130 crewmen during the April 13th commander's call on behalf of Lockheed Aircraft. An additional 24 members of the 337th TAS received certificates inducting them into the 1,000 Hour Club.



**AFRES EDUCATIONAL ACHIEVEMENT AWARD** is presented to SMSgt. John Bostic, Jr., by Lt. Col. Jack P. Ferguson, at the base commander's call. Sgt. Bostic earned the award by completing seven professional and technical correspondence courses through the Extension Correspondence Institute.



## 731 ACHIEVES C-2 STATUS

By Maj. A. Kendall Holbrook,  
731st TAS

On Saturday, April 12, the 731 Tactical Airlift Squadron and the 901st Consolidated Aircraft Maintenance Squadron were validated as Combat Ready, C-2 Status. The C-2 rating is made up of many factors, including age of unit, number of personnel, number of aircraft, number of combat ready crews, etc.

The 731 TAS and the 901 CAM had been declared C-3 status after the ORI-MEI in December. The two squadrons were then given C-2 status in January when they launched seven C-123s while being observed by the 439 Tactical Airlift Wing staff.

To validate their C-2 status, the 901 CAM Sq. had to generate a minimum of nine aircraft, and the 731 TAS had to launch a minimum of nine aircraft within a specified time frame. In actuality, the 901 CAM Sq. under the leadership of Maj. Delman L. Wolf, commander, generated all 13 of the operationally ready C-123Ks on base.

Then the 731 TAS, led by squadron commander Lt. Col. Charles R. Parrott in the first C-123, successfully launched all 13 C-123s within the specified time limits. Finally, all the aircraft were landed on time within a scored landing zone.

The two squadrons were aided by the 901 Aerial Port Flight which provided aircraft loads, and the 337 Tactical Airlift Squadron which provided a C-130 for weather observation.

The inspection was conducted by a Military Airlift Command Inspector General team from Scott AFB, Ill., commanded by Col. Edgar C. Hartmann, Jr.

The 731 TAS expects to achieve C-1 status, the highest Combat Ready rating, by August.



A LONG GREEN LINE OF C-123s stretches into the distance in expectation of takeoff and eventual successful completion of their ORI requirements for C-2 status. Although only nine aircraft were needed, personnel from the 901st and 905th CAMs, the 901 APF and 731 TAS prepared and flew all 13 of the unit's Providers.

## 439th Hosts High School Students

The 439th TAW Recruiting Task Force Committee sponsored a career day at Westover on Saturday, April 12, with hopes of attracting more high school seniors to the Air Force Reserve, and the 439th in particular.

Forty-six seniors from northern Connecticut and western Massachusetts observed the 439th Tactical Airlift Wing operate under normal weekend training conditions.

The seniors, along with parents and guidance counsellors, began their day at Westover at 1 p.m. with a brief orientation at the base theater. The group then toured the base and saw the reservists at work. The tour included security police and fire fighting demonstrations, aircraft loading and equipment drops by low-flying C-123s.

The career day was held in an effort to fill slots that require E4s or below. A new program started last November allows seniors while still in high school to enlist in the reserves up to 180 days before beginning basic training. They attend weekend training with their unit and receive the same pay as an airman basic who has attended basic training.

Although the 439th maintains the highest recruiting percentage of all Air Force Reserve units, there are still over 200 slots to fill. It is hoped that with additional career days and an active effort on everyone's part to recruit new members, the goal of 100 percent manning by June 30 will be met.



A VISITING C-9, outfitted for aeromedical evacuation capabilities, received the thorough inspection of 74th AES personnel during the April UTA. Maj. Marvin Proctor checks out the aircraft's emergency resuscitation equipment. In turn, Brig. Gen. Donald Dressler, M. D., mobilization assistant to the MAC surgeon general and Col. Charles Irions, 375 Aeromedical Evacuation Wing commander at Scott AFB, toured Westover's medical facilities.



## Base Commander's Message



By Lt. Col. Jack P. Ferguson  
Commander, 439th CSG

Spring HAS finally sprung, and in so doing has presented us with the usual winter leftovers.

We all take pride in our homes, inside and outside. Since we spend almost a third of our time at work we should also take pride in our surroundings here. And don't forget, good housekeeping and safety are pals.

So let's all pitch in and clean up our areas. Who knows? The exercise you get bending down to pick up that empty soda can and to rake up those dead leaves may even be good for you.

## ARMED FORCES DAY 1975

LET'S MAKE THIS YEAR'S OPEN HOUSE A FAMILY DAY ... Once again, the 439th and its subordinate units and the 1917 Comm. Sq. are looking forward to an open house in celebration of Armed Forces Day. This year, the occasion will be noted during our May UTA, on Saturday the 17th.

The committee which has been meeting regularly for the past few months, promises to make this the best day yet. The current world situation and fuel crisis may bite into the number of aircraft on display, but it certainly won't dampen the number of activities planned for the day.

Signed up as we go to press are a C-7, HC-130, F-105, F-4, our own C-123 and 130s, and several helicopters. The Army Reserve will display a tank, and various services will have booths set up. The local model airplane clubs will repeat their popular display all during the day.

The Chicopee 80-man High School Band will play a one-hour concert during the morning, and the University of Massachusetts AFROTC drill team will perform in the afternoon.

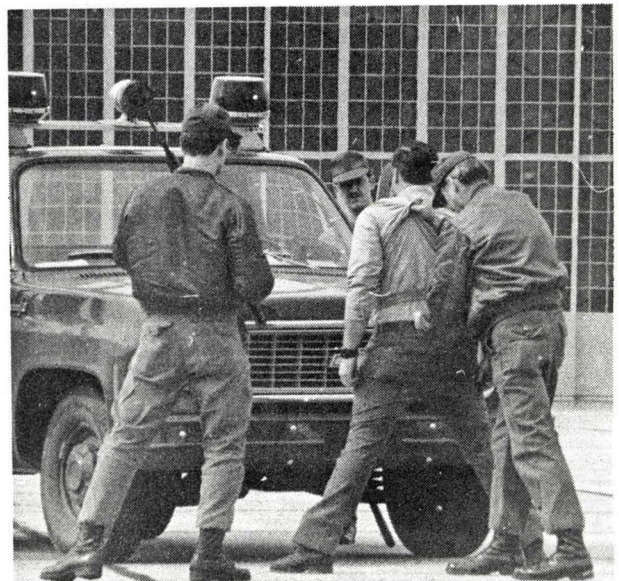
The base Boy Scouts and Cub Scouts are manning the refreshment stands and assure us nobody will go hungry. They're even going to provide picnic tables.

That's just the extras you'll be treated to. All during the day our C-123s and C-130s will be exercising for the standardization/evaluation team which will be here that same day. Our aircraft takeoffs and landings and air drops of both equipment and personnel alone should make a visit to the base worth while.

So let's make this a family day. Bring the wife, children, and any other member of the family you'd like to have see what a reservist does on these weekends. And if you're proud enough, you shouldn't even mind taking your mother-in-law out to see Westover and the 439th observe Armed Forces Day 1975.



439 TO ONE ... This picture shot at Hanscom AFB by TSgt. Larry Lentz shows the part Westover and the 439th had in preparations for President Ford's arrival at that base for the Patriot's Day celebration. The ramp was borrowed from the base to allow deplaning from Air Force One, shown in the background.



439TH SECURITY POLICE apprehend suspect during a Helping Hand exercise.



## Disabled Veterans Hosted At Westover

**DISABLED VETERANS** await demonstration of one of the 439th's functions. Shown escorting them are SMSgt. George Sedlack, members of the Chicopee Lodge of Elks, and on the right, Mrs. Inez Goss and Capt. Terry Maher.



Through the auspices of Chicopee Lodge of Elks #1849 and base personnel, 30 disabled veterans from the Holyoke Soldiers Home were guests for a tour and luncheon at Westover on April 12.

From the time they were picked up in the morning in a base bus until they left later in the afternoon, the veterans were treated to a full day. Accompanying them all day were Capt. Terry Maher, a flight nurse with the 74 AES, and Mrs. Inez Goss, retired director of volunteer services at the home.

Colonel Knowles personally shook the hand of each man upon their arrival. Lt. Col. Donald A. Carlson, deputy commander for logistics, greeted the men at the club, obviously making quite an impression on them, since several were seen shaking his hand and recounting to him their identification with the armed services.

After lunch at the consolidated open mess, provided through the courtesy of the local Elks, the men again boarded the bus and were taken on a tour of the flight line. As guests of the 1917 Comm. Sq., they were given a briefing in the radar approach control center.

They were fortunate enough to see the 13 C-123Ks of the

337 TAS take off as they were being inspected by the MAC IG. A C-130 was placed on display for them by the 731 TAS. They observed the loading of a C-130 by the 905 APF, an emergency egress exercise on the C-130, and extraction by the 439 CSG fire department.

The 439 CSG security police graphically demonstrated a Helping Hand exercise. To round out their day, the disabled veterans watched the C-130s blocking in and the C-123s performing air delivery drops.

Their feelings were summed up in a letter from Mr. Chester W. Zubrowski, exalted ruler of the Chicopee Lodge of Elks to Colonel Knowles, when he said, "I wish to thank you and the men and women under your command for the wonderful hospitality shown the Elks and Veterans during the tour of Westover on April 12, 1975. The veterans from Holyoke Soldiers Home thoroughly enjoyed themselves."

All arrangements were handled by SMSgt. George Sedlack, 905 CAM, who told us he received a thrill when at the end of the day each man personally shook his hand to extend his thanks and all told him they were looking forward to another visit.



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